



## Explore, Create, Share, Celebrate 4-H Workshop

Full Day Program: 8-hour workshop			
Time	Activity	Supplies	Leader
8:00 -8:15	Check-In	*Check-in Clipboard *DPA Advertisement Poster (hang-up)	
8:15- 8:30	Welcome	*M&M's *M&M's Activity Sheet	
8:30 – 8:45	Goals of the Day and Expectation of Behavior	*PPT Slideshow *Projector and Computer *Soundbar	
8:45- 9:10	Option 1: Texas A&M Food Preparation Activity Option 2: Texas A&M MyPlate Activity	O1*Food Preparation Food Puzzle, Recipes and the Ingredients, and Food Preparation Activity sheet O2*3 sets of 3-by-5 inch cards. Each set should be a different color OR *3 sets of 5 labeled brown paper bags. The bags should be labeled with the food groups.	
9:10-9:20	Energizer and Staff Set Up	*Sport Equipment *Stickers (optional)	
9:20- 10:00	Decode the Decades Lesson; staff choose from 3 lesson options	*Decode the Decade Supplies Based On Selected Option.	
10:00- 11:00	Performing Arts: Non-Verbal Improvisation- Pantomime with a Purpose!	*Non-Verbal Improvisation- Pantomime with a Purpose! Lesson plan	
11:00-12:00	Lunch and Free Time	*Lunch Supplies	
12:00-1:00	Presentation Workshop: Grab Bag Presentation	*Assortment of Props Divided Into Bags *Grab Bag Lesson Plan	
1:00-1:15	Energizer	*Sports Equipment *Stickers (optional)	
1:15-1:55	Get to the Point	*Play 4 Video's *Pencil Graphic Organizer or 1:1 technology device *Get to the Point Handout *Projector and Computer *Sound Bar *Extension Cord (optional)	
1:55-2:10	Break/Transition	*Staff set up next workshop and youth have a short chat break.	
2:10-2:40	Speech Development	*Paper *Pencil	



		*Computers for research	
2:40-3:00	Individual Practice	*Provide space for youth to read speeches out loud for practice *Practice Steps Handout *Pencil	
3:00-3:45	Presentation Time	*Podium (optional) *Pencil *Presenter Highlight Handout	
3:45-4:00	Celebrate	*Let's Go for a Drive pictures *Let's Go for a Drive Book (optional) *Instructor Lesson	
4:00-4:30	Wrap Up	*Media Advertisement for DPA *Computer and Projector *Post Event Survey	
4:30- 5:00	Free Play		
5:00 – 5:30	Pick-Up/Free Play/ Clean Up		

\*The above plan is a suggested format and timeline for staff. The plan can be adapted to serve your audience.

\*If this is too much for one day consider doing a 2-day program.

\*It is recommended to have at least 2 adults to assist with lesson delivery and prep for the workshop to go smoothly. There is a decent amount of prep, so having a second person to prep the next activity is helpful for smooth transitions.