



Explore, Create, Share, Celebrate Camp				
Day	Time	Activity	Supplies	Teaching Staff Member
DAY 1 E X P L O R E	10 Minutes	Welcome and Pledge	4-H and American Pledge	
	20 Minutes	Welcome Game and Goals of the Upcoming Days	*PPT Presentation *Projector and Computer *M&M's *M&M's Activity Sheet	
	45 Minutes	MyPlate Activity	*3 sets of 3-by-5 inch cards. Each set should be a different color OR O2*3 sets of 5 labeled brown paper bags. The bags should be labeled with the food groups.	
	30 Minutes	Texas A&M Food Preparation Activity	Food Preparation Food Puzzle, Recipes and the Ingredients, and Food Preparation Activity sheet	
	15 Minutes	Wrap Up Activity/Debrief	Food Lesson Wrap Around My Finger Debrief	
Day 2 E X P L O R E	15 Minutes	Welcome, Pledge, and Energizer	*Sport Equipment *Stickers (optional)	
	1 Hour	Performing Arts: Non-Verbal Improvisation-Pantomime with a Purpose!	*Non-Verbal Improvisation-Pantomime with a Purpose! Lesson plan	
	35 Minutes	Grab Bag Presentation	*Assortment of Props Divided into Bags *Grab Bag Lesson Plan	
	10 Minutes	Wrap Up Activity/Debrief	*Grab Bag Emoji Wrap Up Activity	
Day 3 C R E A T E	15 Minutes	Welcome, Pledge, and Energizer	*Sport Equipment *Stickers (optional)	
	1 Hour	Get to the Point	*Play 4 Video's *Pencil Graphic Organizer or 1:1 technology device *Get to the Point Handout *Projector and Computer *Sound Bar *Extension Cord (optional)	
	30 Minutes	Speech Development	*Paper	

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			* 4-H Presentation Outline (1 per student) *Pencil *Computers for research	
	15 Minutes	Wrap Up Activity/Debrief	*What, So What, Now What Debrief	
Day 4 C R E A T E	15 Minutes	Welcome, Pledge, and Energizer	*Sport Equipment *Stickers (optional)	
	30 Minutes	Speech Development	*Paper *4-H Presentation Outline (Return to student from day 3) *Pencil *Computers for research	
	30 Minutes	Individual Practice	*Practice Steps Handout *Pencil	
	30 Minutes	Presentation Practice	*Complete youth speeches and/or Presentation Handout *Practice Steps Handout *Pencil	
	15 Minutes	Wrap Up Activity	High and Low Point Debrief	
Day 5 SHARE & CELEBRATE	15 Minutes	Welcome, Pledge, and Energizer	*Sport Equipment *Stickers (optional)	
	1 Hour	Presentation	*Podium (optional) *Pencil *Presenter Highlight Handout	
	20 Minutes	DPA Advertisement and Wrap Up	*Media Advertisement for DPA *Computer and Projector	
	15 Minutes	Let's Go For A Drive Celebration	*Let's Go for a Drive pictures *Let's Go for a Drive Book (optional) *Instructor Lesson	
	10 Minutes	Event Survey	*Survey	

Notes:

- Each day totals 2 hours of programming
- The above plan is a suggested format and timeline for staff. The plan can be adapted to serve your audience.
- It is recommended to have at least 2 adults to assist with lesson delivery and prep for the workshop to go smoothly. There is a decent amount of prep, so having a second person to prep the next activity is helpful for smooth transitions.

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