



# Living in the New Normal



*Helping Children Thrive through Good & Challenging Times*

**Living in the New Normal** – Examine the topics of grief, fostering resilience through positive psychology, coping with change, post-traumatic stress and the impact on children, as well as responding to challenges through the developmental lens. Professionals will learn to recognize how a family member's military experience affects the child, then develop practical strategies to encourage and support resilience skills.

## Learning Outcomes:

- ▶ Differentiate effective aspects of how children and youth respond to change.
- ▶ Recognize how a family member's military experience affects the child.
- ▶ Formulate methods that encourage resilience and maximize the natural strengths of children.
- ▶ Identify national, military, and community resources currently in place to support children.
- ▶ Create unique home front plans to address the needs of military-connected children and youth in the community.

## To Register:

<http://militarychildducationcoalitiontrainings.eventbrite.com>

For more information about this training, other professional development opportunities, or support, please contact:

**PD@MilitaryChild.org** or

**254-953-1923 ext. 1139 or 254-953-1923 ext. 1119**

## Military Child Education Coalition

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*The Military Child Education Coalition® solely exists to help the military-connected child thrive in the face of transition and separation.*

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**Save the Date!**  
**REGISTER TODAY**

**January 21, 2020**

**8:00 am - 4:00 pm**

Holiday Inn Valdosta  
Conference Center

1805 W Hill Ave  
Valdosta, GA 31601

**Sponsored by:**



*There is no cost to participants.*

This course includes 6 clock hours of instruction and interactive work time, exclusive of breaks and lunch.

Participants who complete this course are eligible and may apply for Continuing Education Credits (CEUs) for a fee of \$25.00.

CE credit applications must be received within 12 months from the completion of the training.

**For additional information visit:**  
[www.MilitaryChild.org/programs/continuing-education-graduate-credit](http://www.MilitaryChild.org/programs/continuing-education-graduate-credit)



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