



Let's become healthier together one step at a time!

## Stewart County Gardens

This fall saw a lot of gardening activities in Stewart County. Community gardens located at the UGA Extension Office, Health Department, Milken Avenue in Richland, Alston Street in Richland, and Stewart County School have all been planted for fall/ winter harvest. If you have questions about accessing the produce from these gardens, please contact Christina Garner at [christina.garner25@uga.edu](mailto:christina.garner25@uga.edu).



Stewart County 4H student working in the Extension Office Garden.

## CED Student Presentations

Students from the College of Environment and Design's Landscape Architecture Program visited Taliaferro and Calhoun counties this fall. They presented plans for parks, sidewalks, and trails to county residents. The goal of these plans is to provide communities with tools to apply for state and federal grants. Students will visit Dooly county in November and plan to visit Clay and Stewart counties in the future.



A group of UGA Landscape Architecture students present their design ideas to members of the Taliaferro community.

## Calhoun County Story Walk

Within Calhoun County, the cities of Morgan and Edison are now home to Story Walks in their local parks. New posts were placed to hold book pages along the walking path. Members from the Healthier Together team and community members worked together on this project. A special thanks to the Kinchafoonee Regional Library System for spearheading this project. Take a nice autumn walk and enjoy reading the stories as you go!



(L-R): Hannah Southall, Cynthia Small, Christina Garner, Blair Harris, Gary McNeely, Shanda Ashley, Stacey Williams, and Dianna Carter.

## Meet your neighbor

Mrs. Diane Lee is a vital part of the Richland Community Garden in Stewart County. She helps water the garden every week, takes care of the garden beds, and distributes food to people in the community.

We asked Mrs. Diane her favorite part of the Healthier Together Stewart project, and she said, "It has been an outstanding project for our area! For me personally, it gets me up every morning and gets me going because I have to go check the garden." Thanks for all your hard work, Mrs. Diane!



Diane Lee watering cabbages in the Richland Garden.

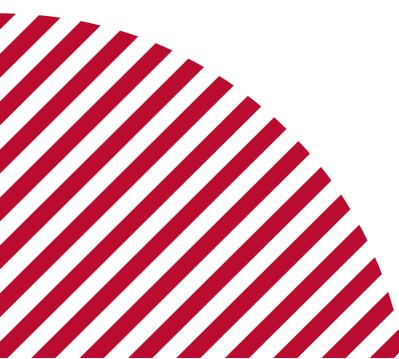
## Meet your staff

Katie Sanders works as a research assistant on the evaluation team for the Healthier Together project. She helps organize interviews, focus groups, and surveys to record the progress and successes of the project to communicate the impact and story of the Healthier Together project.

Her favorite part of working with Healthier Together is "getting to learn about each community and meet everyone helping to make Healthier Together a success. I have also loved seeing the gardens in bloom in the counties!"



Katie Sanders enjoying a bike ride.





## Upcoming Events

There are several county coalition meetings to look forward to over the next month!

- **November 3rd: Taliaferro County**
  - School cafeteria (557 Broad St, Crawfordville, GA), 5:30–7:30 pm
- **November 4th: Clay County**
  - Arts and Recreation Center (05 Commerce St., Ft. Gaines, GA), 11:45 am–1:30 pm
- **November 10th: Dooly County**
  - Livestock Building (360 Big Pig Blvd., Vienna, GA 31092), 12:00 pm
- **November 28th: Stewart County**
  - Community Center (7062 Green Grove Road), 12:00 pm – 1:00 pm
- **December 2nd: Calhoun County**
  - The location is TBD. Please reach out to Shanda Ashley ([sashley@uga.edu](mailto:sashley@uga.edu)) for more information.

### Find out how you can get involved!

Follow us on Facebook to stay up to date on events happening near you!



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Email: [healthiertogether@uga.edu](mailto:healthiertogether@uga.edu)

Healthier Together is a High Obesity Prevention grant funded by the CDC and implemented by the University of Georgia Extension. The goals of the grant are to increase community access to healthy foods and physical activities in our 5 target counties: Calhoun County, Clay County, Dooly County, Stewart County, and Taliaferro County.

