

Healthier Together Newsletter



Taliaferro Garden Work Day

Earlier this summer, the Healthier Together Team worked alongside community members in Taliaferro county for a garden work day. The June 6th work day was at Sharon Garden and included planting large trees, rebuilding raised beds, spreading soil, and planting a variety of fruits and vegetables throughout the garden.



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Let's become healthier together one step at a time!

Jefferson Street Park Renovations

Mayor Kenneth Sumpter and the Healthier Together team visited the newly renovated Jefferson Street Park in Clay County earlier this month. The renovated park is a collaborative effort between the City of Fort Gaines and Healthier Together! There are future plans to add a walking trail and exercise equipment to the park.

Before



After



Summer Undergraduate Students

Over the summer, we had five undergraduate students from UGA help us collect data and manage our social media. They did a fantastic job, and we are very thankful for all their hard work!

In the photo, Logan Hartzell (left) and Emily Armstrong (right) are collecting data in Clay County.



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Food Pantries Across the Counties

There are several ways to access fresh, affordable food across all of our Healthier Together counties. By volunteering with food pantries in your local area, you can make a difference in your neighbors' lives. Find your county's food pantry & contact the person below!

Clay

Eddie Watson
Family Connections Coordinator
229-768-3541

Tara Gardner
Food Pantry Manager
229-881-2675

Calhoun

Shawanda Cannon
scannon@albanytech.edu
(229)835-2977

Shirley Barnes
shirleydavid@bellsouth.net

Katrenia White
423-505-2251

Stewart

Christina Garner
County Extension Coordinator
christina.garner25@uga.edu
(229)838-4908

Dooly

Jackie Sparks
Kitchen Ministry Leader
478-627-9352

Taliaferro

Mrs. Origa Jones
Food Pantry Organizer
(706)816-0004



Let's become healthier together one step at a time!

Meet your neighbor

Mayor Sumpter of Fort Gaines in Clay County is pictured in front of the newly renovated Jefferson St. Park.

When asked about being part of the Healthier Together project Mayor Sumpter says, "It's always about the people and how well we work together. Seeing the vision and working together to meet those objectives. That's my favorite part of working with Healthier Together. To see the vision and work to make that happen, and I'm about making that happen."



Mayor Sumpter, center, pictured with Hannah Southall, Healthier Together's Program Director, Dr. Millicent A. Oyugias, a postdoctoral researcher at UGA, and our Healthier Together student employees.

Meet your staff

Hope Smith is the newest member of the Healthier Together Taliaferro team. She also partners with some of the county's local organizations—like churches, the senior center, and schools—to host nutrition education programs.

Hope's favorite part of working with Healthier Together is getting "to know the people of Taliaferro County and find new ways to help them thrive. I know I have a lot to learn, but I am hopeful for the future of the project and my new community!"

Phone: 706-224-9761

Email: hope.smith@uga.edu



Hope Smith, holding a small plant ready to be placed in the Taliaferro community garden during the garden workday on June 6th.



Upcoming Events

Georgia AG Experience

- Join us at the Georgia Ag Experience in Taliaferro! The Ag Experience uses technology and digital learning so students can take a deep dive into seven different Georgia agricultural commodities.
- Where: Taliaferro Farm Bureau office, 09 Alexander St., Crawfordville, GA 30631
- When: August 13th from 9 AM to 1 PM

Master Gardener in Taliaferro

- The monthly class takes place every 3rd Thursday
- Where: Nick's Place

Find out how you can get involved!

Follow us on Facebook to stay up to date on events happening near you!



Scan to access our website or visit <https://t.uga.edu/86P/>



Email: healthiertogether@uga.edu



Healthier Together is a High Obesity Prevention grant funded by the CDC and implemented by the University of Georgia Extension. The goals of the grant are to increase community access to healthy foods and physical activities in our 5 target counties: Calhoun County, Clay County, Dooly County, Stewart County, and Taliaferro County.

