

# Healthier Together Stewart 2021



The Healthier Together Stewart County Coalition participated in an evaluation in the spring of 2021. Data were collected from coalition listening sessions and a community survey.

## Coalition Accomplishments

- Richland Garden work days
- New garden signage
- High demand for Lumpkin City Hall Grab-n-Go cooler by city hall staff
- Walking signage placed in county destinations



Richland Community Garden work day.



Lumpkin Walkability signage.



Richland Community Garden harvest.



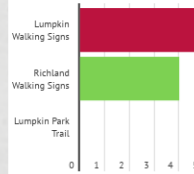
Richland Community Garden sign.



## Community Impact

- Increased physical activity in community (walking to and from destinations)

Nine out of 28 respondents said they used the physical activity resources in Stewart County.



14 out of 28 respondents said they frequented the Richland Community Garden in the last year.



- Richland Community Garden
- Never Used

Physical activity resources are underutilized, so there is a need for increased marketing of walking trails and signage.

## Visioning

Participating coalition members described key goals for Healthier Together Stewart and the community over the next three years:

- More walking trails
- Need to promote awareness of healthy living in the community
- Stronger communication within coalition and with community
- Identify funding to sustain Healthier Together Stewart after the CDC support ends



## Recommendations

1. Supply Grab-n-Go Cooler with community garden produce.
2. Formalize communication practices to advertise resources to the community.
3. Find an alternate location for the Lumpkin City Hall Grab-n-Go Cooler to a space where more community members frequent, not just staff in city hall.
4. Increase recruitment efforts with non-involved community groups.
5. Find funding opportunities for future of the project.