THE PEACH PRESS

The Official Publication for the Georgia Association of Extension 4-H Agents



Important Reminders

GAE4-HA Virtual Professional Development via Zoom *April 21-22, 2020*

NAE4-HYDP Conference Commitment Money of \$50 must be postmarked July 31, 2020

NAE4-HYDP Conference Early Bird Registration Ends July 31, 2020

GAE4-HA Annual Meeting and Officer Election *tentatively* August 18, 2020

NAE4-HYDP Conference in Boise, Idaho *October 19-22, 2020.*

GAE4-HA Annual Meeting at Great Wolf Lodge *May 3-5, 2021*

A Message from President Jones

This week would have been the 2020 GAE4-HA Annual Professional Development Conference at the exciting Great Wolf Lodge! The theme for the conference was selected as "Branching out with 2020 Vision." This year has been far from a typical 2020 vision. It has not been easy to see ahead with clarity or be able predict the future clearly at all. It has been full of challenges and changes. If someone had told me last April that we would face a pandemic, practice social distancing, quarantine ourselves to our homes, and be 100% teleworking, I would have laughed out loud!



John Maxwell stated, "Change is inevitable. Growth is optional." Whether we have taken in stride the changes that have been thrust upon us or have been hesitant to accompany to the change is inevitable.

that have been thrust upon us or have been hesitant to adoption, we all have had to alter our lives. From working at home, to figuring out the best virtual education route for us individually and for our county programs, to becoming educators to our children when "home" schooling has become a priority, to continuing supporting our families with daily tasks like cleaning, cooking, entertaining, and more. We are all making an effort to continue "to make the best better" in our lives and in Georgia 4-H! We are growing; we are changing and evolving with our new environments and our new world.

Maya Angelou said it best, when she stated, "If you can't change it, change your attitude!" I charge each of you to find the best in your current situation and take time to focus on that each day. Block some time each day to help create your new 2020 vision because it is just that, a new vision. We need to let go of what we had planned for 2020, realign, and refocus our vision. To see our visions clearly, we need to reflect on what went well in the past and how to improve things that didn't, take time for ourselves to renew our energies and reengage our passions, and refrain from negativity. Remember that we are all in this together, so engage with others via face time, Facebook, emails, texts, phone calls, etc. Connectivity will be an asset to you and your program as we move forward.

Your vision of 2020 doesn't have to be perfect because clearly it may change, and that is okay too. I think that when it comes to a vision, it is less about perfection and more about engagement. How we engage and move forward toward our vision is probably the most important thing we can do. Even with the current state of our world and the setbacks we have faced, we must continue to gain momentum and forge forward to a new us, a new program, and a new Georgia 4-H!

I have come to realize that sometimes we don't know what we are missing until we have seen it in a clearer perspective and through a new lens. When we finally see what we can accomplish, what we can be, and how we help change ourselves and our programs for the better, we will never look at the world through the same lenses again! I have been proud to serve as your GAE4-HA President for the 2019-2020 term, and I look forward to seeing what the future holds for our members and for Georgia 4-H!

Getting to Know You

In each edition of the *Peach Press*, we plan to feature a collage of photos from our members focused on a specific theme. Our theme for this edition is **Throwback Photos!**



I am on front row, far left. This is our community club, Red Bank 4-H Club. You can see we have 4th graders through high school youth. Guy on back row, far left, drove us to all kinds of events. Submitted by Craven Hudson. State 4-H Staff



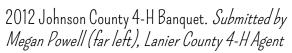
This is a picture of 5th grade me after winning 3rd place in the Pork Production project my first year of DPA. Submitted by Ashley Carroll, Tift County 4-H Agent



Submitted by Joey Eller, Rabun County 4-H Educator



This is a throwback for sure! I was 2 or 3 at my brother's baseball game. Submitted by Sonya Jones, Pulaski County 4-H Agent





Getting Back to What is Essential

Foreword written by: Kelle Ashley, Oconee County 4-H Agent By: Allison Barnes, Oconee County 4-H Program Assistant

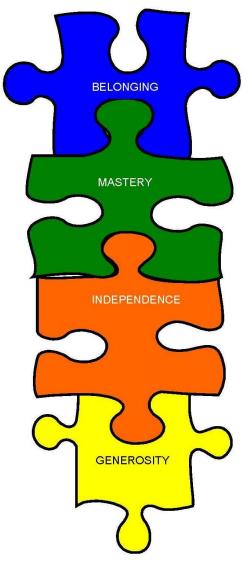
Allison Barnes is the Oconee County 4-H Program Assistant. Her calendar is double and triple booked with 4-H activities and events all year round—until now. Like all of us, her job has dramatically changed, but maybe for the better. Slowing down has put things in perspective for Allison, and for me too after reading her thoughtful reflection on these uncertain times.

As the world, stands still in the wake of the COVID-19 pandemic, 4-H faculty and staff across our state are faced with the harsh reality of not being able to return to our schools and afterschool 4-H programming. Transitioning to an entirely digital learning environment has had its challenges, especially when given little to no preparation. However, 4-H leaders have put on a brave face and adapted to these new circumstances. Georgia 4-H leaders have to be optimistic for our 4-H'ers amid uncertainty, a task that is difficult, considering 4-H leaders themselves are unsure of the future. It is in these uncertain times that we look to the core of 4-H's programming, 4-H's Essential Elements: *Belonging, Independence, Mastery, and Generosity*.

As the Program Assistant for Oconee County 4-H in Georgia, I have worked closely with my colleagues to restructure our programming to an online format that continues to promote the Essential Elements of 4-H. During this stage of reorganization, I have reflected upon my own experiences growing up as an Oconee County 4-H'er and find myself applying the same Essential Elements to the work I do today.

First, my sense of *Belonging* in this organization has kept me motivated during these last few weeks. 4-H can take a group of people and make them into a community very quickly. When you take a closer look at 4-H members and staff alike, you will find a wide variety of backgrounds, interests, and goals. Despite these differences, however, 4-H has become a safe space for these individuals, where they are free to express themselves how they choose without fear of judgment from others. Not wanting anyone to lose this sense of belonging, I am dedicated to thinking of new, creative ways to allow for 4-H'ers to remain connected. In Oconee County, we have scheduled weekly video conferences with our 4-H'ers and mailed out handwritten letters to remind them that we are still thinking of them. Next, I have relied upon the *Independence* that 4-H has fostered within me. As shelter-in-place restrictions keep being extended, I have come to accept that I will be working from home for the foreseeable future.

Though I may no longer be working in-person with my colleagues as I am accustomed to, I still possess the knowledge and skills needed to carry out individual projects and tasks from the comfort of my own home. Third, I have drawn upon my *Mastery* that I have learned with 4-H while planning digital learning opportunities. Aristotle once said, "We are what we repeatedly do. Excellence, then, is not an act, but a habit." This mindset perfectly captures what Mastery means to me. I take pride in what I do and am always driven to provide an exceptional final product. After years of working with this mindset, it has become second nature to me to always push myself to the best of my abilities while planning and teaching, no matter the circumstances. Lastly, I credit my enthusiasm for wanting to create digital or remote opportunities to my *Generosity*. 4-H teaches its participants to be a stewardess to their club, their community, their county, and their world. During this pandemic, it is only natural for students, parents, and guardians to feel increased levels of stress. If I can help alleviate that stress, if only for a moment, then I will be satisfied that I am doing my job. To do my part, I



have created a series of cooking videos with a colleague, encouraged 4-H'ers to create their own content, and recorded yoga routines for 4-H'ers to follow. I have a strong connection to Oconee County and am driven to help its residents in any way that I can.

While I hope that digital learning does not become the new normal in the following months, I feel equipped to take on the task should that be the case. The lessons I have learned through creating a sense of *Belonging*, fostering my *Independence*, developing *Mastery* in what I do, and practicing *Generosity* have prepared and molded me into a leader, role model, and positive voice for my 4-H'ers during these uncertain times. No matter what the outcome, I am confident that the Essential Elements of 4-H will continue to guide me in the right direction.



The only thing constant in life is change... Even though we miss seeing each other in person this week at the Great Wolf Lodge, we still have an opportunity to learn from each other!

Many of our presenters who were accepted to present at GAE4-HA have agreed to offer their content online for you on Tuesday and Wednesday.

The schedule is below and the description of the seminars and showcases offered can be found on the next 3 pages!

All presentations are available via Zoom at: https://zoom.us/j/8728642883

Meeting ID: 872 864 2883

You can also check out all of the 2020 State Meeting Posters at: https://site.extension.uga.edu/gae4-ha/2020-state-meeting/

Tuesday, April 21, 2020							
8:30am	Seminar	45 Minutes	Wanda McLocklin	Simple STEM Lessons for 4th-6th Grades that Won't Break the Bank			
9:30am	Seminar	45 Minutes	Marcus Eason	After School Cooking Programs			
10:30am	Seminar	45 Minutes	Stephanie Skojac	4-H Tech Changemakers Program: Bridging the Digital Literacy Gap Across Generations			
11:30am	Showcase	25 Minutes	Sonya Jones	Focusing on FUN: CloverBud Programming with Healthy Living & STEM			
1:30pm	Seminar	45 Minutes	Kate Whiting	Keys to Successful Youth Equine Activities and Events			
2:30pm	Seminar	45 Minutes	Chesley Davis	4-H: A Collaborative Partner in Addressing Opioid Misuse in Rural Areas			
3:30pm	Seminar	45 Minutes	Kasey Bozeman	NASA GLOBE Observer Resources			

Wednesday, April 22, 2020							
8:30am	Showcase	25 Minutes	Andrew Warner	Seminole County Agricultural Awareness Campaign			
9:00am	Showcase	25 Minutes	Casey Hobbs	Enhancing Georgia Standards of Excellence through Public Speaking			
9:30am	Seminar	45 Minutes	Octavia Jackson	Envision the Partnership: Georgia 4-H and Public Libraries			
10:30am	Showcase	25 Minutes	Adrianne Cox	Potato & Citrus Science – Think Like a Scientist			

Special "Thank you" to Lauren Dye, the Professional Development Committee, and the presenters for this opportunity!





GAE4-HA Online Professional Development Schedule

Tuesday, April 21, 2020

8:30am * 45 Minute Seminar * Wanda McLocklin * Simple STEM Lessons for 4th-6th Graders that Won't Break the Bank * Co-Presenters: Jackie Nunn, Machelle Gill

This workshop features STEM lessons focused on engineering design process, weather, climate, and electricity & circuits. These lessons are aligned with science standards targeting 4th-6th grade. Attendees will learn effective teaching strategies for the featured STEM lessons.

Note: Participants will need the following materials to complete the activities: 8-10 craft sticks, 4-5 rubber bands, a bottle cap, a plastic spoon, masking or clear tape, plain paper, pen or pencil, piece of card stock or thin piece of cardboard, small magnet, chenille stem, small paper clip, safety pin.

9:30am * 45 Minute Seminar * Marcus Eason * After School Cooking Programs

Oglethorpe County 4-H is home to the 'Cooking to Share Project Club'. This project club aims to educate youth how to prevent foodborne illness and practice kitchen safety while also serving their community by preparing a nutritious meal for a local family in need.

10:30am * 45 Minute Seminar * Stephanie Skojac * 4-H Tech Changemakers Program: Bridging the Digital Literacy Gap Across Generations * Co-Presenters: Allie Griner, Lori Bledsoe, Kandi Edwards, Caleb Millican The 4-H Tech Changemakers program began in Murray County in 2018 to combat the digital divide and has since expanded to 3 additional counties. Youth serve as technology mentors for adults, teaching them how to use a variety of technological services on their device.

11:30am * 25 Minute Showcase * Sonya Jones * Focusing on FUN: CloverBud Programming with Healthy Living & STEM

Pulaski 4-H provides a foundational health literacy program for Cloverbuds that focuses on health literacy encompassing important STEM concepts. Focusing on F.U.N. (Fitness and Understanding Nutrition) helps youth build a foundation of healthy decision making skills and a love of science.





GAE4-HA Online Professional Development Schedule

Tuesday, April 21, 2020

1:30pm * 45 Minute Seminar * Kate Whiting * Keys to Successful Youth Equine Activities and Events * Co-Presenters: Allison Perkins, Heather Shultz

This session will provide an overview of the GA 4-H Equine Events offered. Attendees will gain insight into the equine programs available, receive tips on helping youth or getting started with a program, and receive hands on learning for some of the competitive events offered in the state.

2:30pm * 45 Minute Seminar * Chesley Davis * 4-H: A Collaborative Partner in Addressing Opioid Misuse in Rural Areas * Co-Presenters: Lauren Dye, Dr. Courtney Brown

UGA Extension received a USDA Rural Health and Safety grant allowing 4-H to develop a middle school opioid prevention curriculum consisting of four-lessons, a Journey's 4-H Magazine and an evaluation tool that will roll out during the 2020-21 school year. This is a sneak peek of this new program.

3:30pm * 45 Minute Seminar * Kasey Bozeman * NASA GLOBE Observer Resources

Civic science projects are great ways for 4-H'ers to contribute data to large research studies. In this workshop, learn more about NASA's GLOBE observer resources and how you can incorporate observations of clouds, mosquito habitats, land cover, and trees into your 4-H programs ... all for free!





GAE4-HA Online Professional Development Schedule

Wednesday, April 22, 2020

8:30am * 25 Minute Showcase * Andrew Warner * Seminole County Agricultural Awareness Campaign * Co-Presenter: Cindy Meadows

In Seminole County, Georgia, agriculture is the largest industry. The UGA Seminole County Extension/ 4-H implemented an Agricultural Awareness Campaign that would introduce 4-H aged youth in Seminole County to agriculture career possibilities through over twenty different programs in 2019.

9:00am * 25 Minute Showcase * Casey Hobbs * Enhancing Georgia Standards of Excellence through Public Speaking * Co-Presenter: Stephanie Skojac

Public Speaking preparation may give greater self-confidence, self-esteem, improve employability. However, Georgia Milestones are showing ¼ of our youth are struggling in English Language Arts. Using Project Achievement during classroom time may enhance Georgia Standards of Excellence for teachers.

9:30am * 45 Minute Seminar * Octavia Jackson * Envision the Partnership: Georgia 4-H and Public Libraries * Co-Presenter: Lauryn Gilmer

Georgia 4-H and the Georgia Public Library Service are a natural fit in fostering youth development programming. 4-H Youth Development agents will discuss the successes that they have achieved in partnering with their respective libraries.

10:30am * 25 Minute Showcase * Adrianne Cox * Potato & Citrus Science – Think Like a Scientist Perfect for those times you're asked to teach at school STEAM nights. This activity is quick and students will create enough battery power to light an LED light bulb using potatoes or citrus fruits. Learn how to add this to your list of great science night activities. Incredible, huh?



Bright Ideas at Work

Rewards and Incentives

Earn Points for a Reward Trip

Cobb County has an annual reward trip for our 4-H'ers based on points accumulated throughout the year. At the beginning of the year, each student receives a points book folder that includes all scheduled 4-H events, community service, and specialty clubs practices/events with a point value. We also leave space for miscellaneous points to be added in for additional programs if programs are added to the calendar. Cloverleaf Reward trip is typically a day trip. All activities are included and the kids only pay \$10. The Juniors/Senior reward trip is typically an overnight and they only have to pay \$25 and cover their lunch. We cover all activities, breakfast, and dinner. Overnight locations that we have traveled to include: Overnight at Wahsega and time in Dahlonega, Unicoi State Park/Helen Water Park/Tubing trip, Beach trip to Savannah/Tybee Island. Day trip locations for Cloverleaf 4-H'ers include: Fortson Fun Day, Malibu Grand Prix, Callaway Gardens etc. Submitted by Brittani Lee, Cobb County 4-H Agent

Skating Party

We tried this year offering a skating party for any kids that competed at CPA and had an influx of essays turned in. I forgot how much kids enjoyed skating. Submitted by Samantha Price, Houston County 4-H Agent

W.I.L.D. Wednesdays

During the COVID-19 school closures and cancellation of face-to-face 4-H activities, Pulaski County 4-H started W.I.L.D. Wednesdays. This stands for Willingly Initiates Learning Differently and encourages youth to share the ways they are learning at home!



Submitted by Sonya Jones, Pulaski County 4-H Agent

More Bright Ideas



Rewards and Incentives

Judging Team "Leaderboards"

Judging teams can be hard work for youth and coaches, so we try to keep the work balanced with the fun! For some Tift County judging teams, we implement a "Leaderboard" that allows students to collect points through attendance, activities at practice and correct answers during judging. Every few weeks, small prizes will be awarded to the 4-H'er with the most points on the "Leaderboard." Small prizes may be a certificate, a \$5 coffee/ice cream gift card or other easy incentive. In the past when the budget allowed for it, at the last practice of the season, the student with the most points has earned a free trip to Jr. Conference, Clover Jam, Senior Conference, Fall Forum, or another 4-H weekend trip. Submitted by Ashley Carroll, Tift County 4-H Agent



Gift Cards for Teachers

This year, Tift County 4-H was looking for more ways to get teachers involved and excited in District Project Achievement! We decided to implement a new incentive for 5th grade teachers. This year, the teacher who has the most 5th grade students compete at District Cloverleaf Project Achievement will receive a \$50 Amazon Gift Card. We are hoping this will encourage teachers to become more involved in their students' afterschool 4-H projects! Submitted by Ashley Carroll, Tift County 4-H Agent



A Day of Fun!

Our Cloverleaf DPA Reward Trip was a day of fun that included a trip to the movies after enjoying a delicious meal at a Japanese restaurant. Several of our 4-H'ers had never been to a restaurant like this so it was a neat experience for everyone! Submitted by Christina Garner, Stewart County FACS Agent (former Pickens County 4-H Agent)



GAE4-HA Committees

GAE4-HA has ten Standing Committees. You may choose your committee assignment during the membership drive. If you do not remember what committee you selected, visit https://site.extension.uga.edu/gae4-ha/committees/ to view the 2020 Committee List.

The committees are:

- **Diversity:** provides diversity education for members to use in the workplace with youth programs
- Life Members: this committee is exclusively for GAE4-HA members that have retired from the Extension/4-H profession
- Media: inform GAE4-HA membership by keeping the Association connected by sharing impactful programs, achievements, and events that are vital to our Association.
- Member Recognition: promote professional awards process, assist with judging awards, and preparing awards for presentation at the annual meeting
- Oceans of Fun: works to plan, implement, and evaluate the Oceans of Fun program at the GAEL Conference each summer
- Policy and Resolution: reviews and maintains GAE4-HA by-laws and disseminates NAE4-HA professional development standards to members
- Professional Development: works to provide professional development workshops and updates throughout the year for GAE4-HA members; coordinates workshop and poster sessions during annual meeting
- Programs: gather and convey 4-H project suggestions and/or recommendations to appropriate specialist/staff
- Public Relations and Information: markets the 4-H profession by developing and sharing 4-H marketing items at county, state, and national level
- Research and Evaluation: works to provide resources and training on program evaluation and the latest research on positive youth development

Committees will meet virtually this year! Your committee chair will email you details, but if you have questions please reach out to them. All committee chairs are listed on the last page of the *Peach Press*.

Oceans of Fun &

By: Al Parker, Northeast District

I wanted to let everyone know GAEL has checked in to make sure we plan to offer Oceans of Fun as they are planning to hold the Summer GAEL Conference on Jekyll Island as planned in July. They are asking for our schedule to post. I can't provide that yet because we need more help! Please consider attending GAE4-HA Oceans of Fun on Jekyll Island on July 12 – 15, 2020. OOF offers fun, educational opportunities for the children of GAEL members while they are attending the Summer GAEL Conference. Administration pays up to \$250.00 in travel for four GAE4-HA members per district to attend. We have rooms reserved at Camp Jekyll to keep expenses as low as possible.

Here's who is signed up for this year:

NE: NW: SE: SW:

Jackie NunnLeah WoodallAbby SmithCindy MeadowsSusan GoldmanAshley HarmonJazmin Thomas

Kasey Hall

Susan Yearwood

If you need more information and are interested in attending Oceans of Fun, please contact me @ <u>alparker@uga.edu</u> and I'll send you the 2020 OOF Participant Information Survey. Please help!!!





Getting to Know You

In each edition of the *Peach Press*, we plan to feature a collage of photos from our members focused on a specific theme. Our theme for this edition is **Throwback Photos!**























Georgia Livestock Ambassador

15-year-old Maddie Dean is one of the
11 Georgians recently chosen to serve as
a Georgia Livestock Ambassador. Over
the next year, the homeschooled
daughter of Ric and Dia Dean will
promote the Georgia National
Fairgrounds and work alongside the
wonderful people that make the Georgia
National Fair the #1 fair in the country.
Maddie's first official duty as an
ambassador was to dedicate the new
building on the fairgrounds to the U.S.
Secretary of Agriculture, Sonny Perdue
(pictured).



Crisp County 4-H is Making the Best Better!

Submitted by Randy West, Crisp County 4-H Agent



Community Service

Kari (4-H volunteer), John, and Alli (4-H member) Bodrey provided lunch to the staff at Crisp Regional Hospital.



Download the free "Zoom" app on your device or go to "zoom.us/join" to participate in each session. Use the meeting ID below to join!

Meeting ID: 761 948 4086



JOIN US EVERY MONDAY AND WEDNESDAY | 400 PM EST

With the COVID-19 situation, Southwest District 4-H had to think of a way to deliver programing to youth in a virtual format. There are a lot of opportunities for youth available already, but we wanted to provide something more interactive and live. N.A.I.L.'D It is an acronym for New Adventures in Learning Distantly. Our team uses Zoom to deliver free, engaging lessons to youth. We want kids to get the feeling of mastery and belonging while working with us virtually to complete projects and learn new skills.

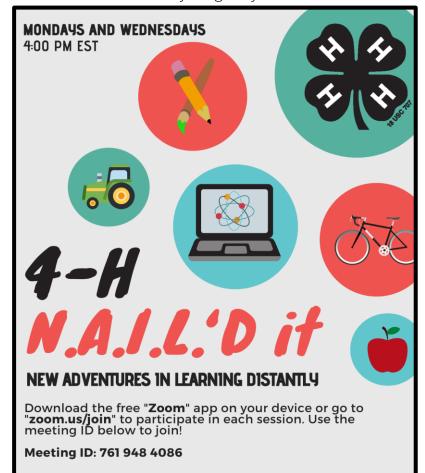
Jazmin Thomas is the original brain behind this program but there is a team of Southwest District 4-H leaders working together to market, teach, and prepare for each interactive session. Each session features a different lesson and activity taught by a different 4-H

leader.

Our first session was "Georgia Peanut Pride" and we had 38 attendees. The participants were excited about being able to make their own peanut butter and were surprised how easy it is to make. We administered a pre-survey and post-survey. In the pre-survey, only 38% percent of participants knew that peanuts were legumes. In the post-survey, 85% knew that peanuts were legumes. 80% of participants plan to participate in future N.A.I.I. 'D it session.

We are excited about this opportunity! If you would like to promote the sessions to your 4-H'ers, please contact us for the flyers!

Submitted by Jazmin Thomas, Ashley Carroll, and Megan Powell



Local Food Tour: Post COVID-19

By: Andy Haygood, Habersham County 4-H Agent

When I started planning summer activities, I asked my 4-H members for some ideas of things that they would like to do. I got lots of reasonable ideas, but most of them were too far out there to even consider. I dutifully wrote down the trips to California, Mexico, Disney World, and France knowing that those ideas were off the table. Then, I was surprised by my poultry judging team. At the end of practice, I asked them for suggestions and, after a little discussion, one suggested a food tour!

At first I was a little skeptical. I really wasn't sure how going to local restaurants would fly. The more I thought about it, though, the more I liked the idea. With the Coronavirus shutting doors and cutting business, I believe that it would be a great way to support our local community when this settles down enough for us to take kids out again.

Here is how I've planned it so far.

- 1. Set your tentative date.
- 2. Limit the number of kids that you can take. I'm limiting it to no more than 10. That won't overwhelm the restaurants. You can set your number wherever you and the restaurants agree upon.
- 3. Choose 4-6 local restaurants. Contact them to see if they would be willing to host a stop on your local food tour. I am choosing local restaurants that tend to be a little more upscale. Most of my kids won't have been to the nicest restaurants in town.
- 4. Negotiate menu and pricing. A food tour is not supposed to be a full meal at each restaurant. It should be one or two samples of that restaurant's specialty dishes. You can see what the chef's want to cook and divide into sample sizes. The price should reflect the sample-sized portion and not a whole menu item per child. Also during this step, make sure to discuss potential food allergies with the restaurants.
- 5. Contact the restaurants a few days before to make sure you both have the date, time, and price finalized.
- 6. Go with an open mind. Try new things. Encourage the kids to try every item presented to them. Take pictures and post them to the office Facebook or website.
- 7. Write thank you notes.

This is what I have so far. I'm sure it will evolve a little later, but at least it is a starting point. I don't know if the food tour idea will be a success, but I am so excited to try it. This has expanded since we first hatched the idea in poultry judging. I'm now considering doing a series of activities where my 4-H'ers can rank their favorite coffee shop, Mexican restaurant, Asian restaurant, pizza place, etc. In a larger community, this may prove to be harder or easier depending on your circumstances, but either way, feel free to take the idea and modify it however you need to. I'm hoping that it is a huge success.



Curriculum Corner

Bringing Science Home

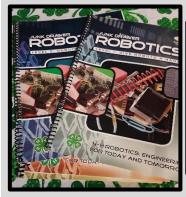
Scientific American

(https://www.scientificamerican.com/) is the oldest continually published magazine in the United States. They offer print information as well as videos, podcasts, and blogs. In addition to great scientific information, Scientific American has an entire educational section called Bring Science Home

(https://www.scientificamerican.com/e ducation/bring-science-home/) with pages and pages of simple science activities. The resources are recommended for kids ages 6-12 to complete with supervision. All the activities are designed to be very short (less than 30 minutes) and most require minimal supplies. Website visitors can also sort activities by topic - health, mind, sustainability, tech, and the sciences. Scientific American also offers videos, blogs, podcasts, and publications to share researchbased information with the general public.

Submitted by Kasey Bozeman, State 4-H Staff







Junk Drawer Robotics

The 4-H Junk Drawer Robotics Curriculum has been around for many years and still has very relevant lessons that can be used for afterschool or in-school clubs promoting STEM. One of my favorite activities from this curriculum is the "Can-Can Robot Design & Build". Students plan and build a robot that scribbles using a plastic cup, felt tip makers, a motor, wire, battery, eraser and tape. This activity is a good opportunity to review open and closed circuits. This activity is recommended for grade 3-5, but also works well with middle and high school students. The lesson can be found at https://4-h.org/wpcontent/uploads/2018/05/4H-STEM-Lab-Can-Can-Robot-Activity.pdf without having to purchase the whole 4-H Junk Drawer Robotics Curriculum.

Submitted by Wanda McLocklin, Barrow County 4-H Agent

<u>Curriculum</u> Corner

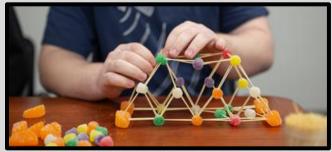
Military REACH

To facilitate the Department of Defense's provision of high-quality support to military families, Military REACH bridges the gap between research and practice. Our mission is two-fold to make research accessible and practical. Military REACH strives to put research into the hands of military families, direct service helping professionals, and those who work on behalf of military families by harnessing collaborative expertise, maximizing technological advances, and actively disseminating products. Military REACH releases Translating Research into Practice (TRIP) reports monthly. Topic areas include mental health, parents, couples, children, and programming. While the topics have a military focus the research is practical for all youth professionals, whether you plan to use this when working with military audiences or general 4-H youth. Check our the resources at https://militaryreach.auburn.edu/Redi rect

Submitted by Laura Goss, State 4-H Staff







4-H STEM Lab

Looking for easy ways to get your kids interested in science? STEM Lab provides fun, hands-on STEM activities for kids of all ages to do at home, in school, and during virtual and inperson clubs.

These hands-on activities are designed to instill curiosity and critical thinking, helping kids develop skills to be successful in life. They are also fun, easy to do, and feature a messy factor just for you! Check out https://4-h.org/parents/stem-agriculture/youth-stem-activities/ for the activities to get started!

Submitted by Megan Powell, Lanier County 4-H Agent



Georgia 4-H Military Partnership Blog

By: Laura Goss, State 4-H Staff

The Georgia 4-H Military Partnership has been managing a blog for a little over a year now. Our first goal is to reach installation staff leading 4-H clubs. We share upcoming Georgia 4-H and National 4-H events with staff. We also focus on sharing training opportunities and educational resources, which include offering the opportunity to attend UGA Extension training and free-online training too. Our second goal is to keep Extension faculty updated on what is being shared to installation and to help county staff stay updated on current military programs. Our third goal is to keep military families updated on resources, events, and research. The blog has allowed us to stay in communication with our vast audience and support our audience at the click of a button.

Managing the blog for the partnership has been rewarding for me professionally. It has been a fun way for me to connect with people, which is important to me since the bulk of my work throughout the year is my computer. I am always on the look-out for items to share and ways to promote 4-H to our unique audience. I believe there is still room to grow on developing our blog posts and reach; however, I am hopeful that the blog is impactful and is supporting staff members in their roles. To check out the GA 4-H Military Programs blog or to subscribe check out the link below: https://site.extension.uga.edu/military/

R.E.A.L. STEM

R.E.A.L. STEM stands for Ready to Engage Actively in Learning Science, Technology, Engineering, and Mathematics. Every Tuesday and Thursday a new, fun STEM activity is posted on the Pulaski County 4-H Facebook and Instagram pages. These activities give youth an opportunity to engage in learning with a hands-on component using items commonly found at home.

PULASKI EXTENSION/4-H
PRESENTS

REAL
STEM

Ready to Engage Actively in Learning Science,
Technology, Engineering, & Mathematics

A fun, educational resource informational for STEM activities & education

Every Tuesday & Thursday new, fun STEM education & activities will be posted on Pulask 4-H FB & Instagram while social distancing!

Sonya 8. Jones; Pulaski CEC/4-H Agent 2009

Hake sure to like our Facebook & follow our Instagram

Submitted by Sonya Jones, Pulaski County 4-H Agent

4-H Improves Social Literacy Skills in Youth in Tift County

By: Ashley Carroll and Natalie Bennett, Tift County 4-H



In order for youth to be prepared to work in partnership with others, they need to develop an understanding of diversity and appropriate interactions with others who are different from them (Tyler, 2016). Exposing students to greater diversity can benefit them in forming and maintaining cross-ethnic friendships, developing complex social identities and decreasing perceived vulnerability (Graham, 2018). Although Tift County is more racially and ethnically diverse than the average for the state of Georgia, students in Tift County still need assistance developing the necessary skills to navigate social challenges that come with diversity. To address this need, Tift County 4-H staff partners with nine local public and private schools to offer 4-H Social Literacy programming to all 5th grade students in both school systems.

The 4-H Social Literacy program was delivered in 31 classrooms during monthly 4-H meetings. Each lesson was followed by a reflection structured by the DEAL Model for Critical Reflection (Ash & Clayton, 2009). The lessons included interactive games that required participants to identify similarities and differences between students, identify different types of diversity among group members, discuss preconceived assumptions and discuss how differences among members can make the whole group more complete. Participants were also challenged to see themselves as unique through physical and social characteristics and discuss how visible appearances should not be used to determine social characteristics like personalities or talents. After completing the program, students responded to a survey that consisted of questions from the National 4-H Council's Common Measures instruments. The questions assessed the students' awareness, attitudes and skills used when interacting with others.

Youth-driven 4-H experiences provide young people access to safe learning environments, challenging experiences that build skills, competencies to address life's challenges and partnerships with caring adults to help meet youths' basic needs of belonging, mastery, independence and generosity. In formative and summative assessments, youth who participated in the 4-H Social Literacy program exhibited the ability to identify similarities and differences between people, understand diversity and consider multiple perspectives in social situations. Students were observed practicing tolerance and even appreciation for others who are different from them. On the program survey, 89% of 5th grade respondents stated that they are usually able to get along with others who are different from them, and 88% percent of respondents said they like to learn about people who are different from them. After participating in the program, one 5th grade student shared, "The 4-H lessons taught me to



celebrate differences because they make us who we are." A 5th grade teacher who observed the impact of the program on her students shared, "The 4-H Social Literacy program is very valuable because it helped students realize diversity and differences in people and helped them understand ways to deal with issues." The structured learning, encouragement and adult mentoring that young people received through their participation in this 4-H program will play a vital role in helping them achieve future life successes.

Professional Development



Sapelo Island Estuarine Research Reserve

- June 11-13: Coastal Concerns Workshop
- June 16-19: Coastal Ecology Teacher Workshop
- June 22-24: Georgia Sea Turtle Conservation Teacher Workshop

The Sapelo Island Estuarine Research Reserve offers a series of training workshops for formal and informal educators throughout the year. The programs, which run 1-5 days, are held on Sapelo Island or on the mainland and incorporate educational resources, field-based learning activities, and lecture sessions. During the summer of 2020, three programs will be offered: Coastal Concerns Workshop (June 11-13), Coastal Ecology Teacher Workshop (June 16-19), and the Georgia Sea Turtle Conservation Teacher Workshop (June 22-24).

More information can be found here: https://sapelonerr.org/education-training/teacher-training/

Getting to Know You

In each edition of the *Peach Press*, we plan to feature a collage of photos from our members focused on a specific theme. Our theme for this edition is **Throwback Photos!**





Here's a flash back from 2008
Senior Camp at Burton. My son is the first one on the left in the back. You May recognize a few others! Submitted by Jenny Sutton, Southwest District 4-H



Brittney Johnson Teets, Brittani Lee, & Jazmin Thomas (Clover Café volunteers, GANF 2007)

Jazmin Thomas and Samantha Price (Summer 2012)
Submitted by Jazmin Thomas,
Dougherty County 4-H Agent



This picture is from September 2005. I was a senior 4-H'er in Randolph County (on the right) and was on the forestry judging team. This was from our Southwest District Forestry Judging Field Day. Fast-forward to November 2017, I had been the agent in Quitman County for 3 years. I was cleaning out some old files of 4-H pictures when I saw an envelope with the name "Ta' Monica Wilson." Ta' Monica Wilson (pictured on the left) had just started working for Enrichment Services in Quitman County a few months prior to November 2017, which is next door to the Quitman County Extension office. I took the envelope over to her office and showed her all the pictures in it. When she saw this picture of the two of us, she looked at me and said, "Um, this girl looks like you. Is this you?" We had already formed a great partnership with each other in our professional roles but had no idea that our paths had crossed 12 years prior as 4-Hers! We both value the lessons we learned as 4-H'ers as we continue to work closely together serving Quitman County! Submitted by Kayla Wall, Quitman County FACS/4-H Agent

Meet the Members

Mallory Wise, Lee County



Position: 4-H Agent Residence: Leesburg, GA Years in Extension: 7 ½

Family: Husband, Brad Wise; Kids, Chloe and Connor Hobbies: Hanging out with my kiddos and bowling Favorite 4-H Activity: Probably State Congress and Camp

Favorite Book: The Divergent Series Favorite Movie: Hairspray (2007) Favorite Music: Anything to dance to

Favorite TV Show: Grey's Anatomy and Law and Order: SVU Favorite Quote: If you can't change the situation, change

the way you think about it.

If I didn't work for Extension, I would be ... a millionaire ideally, but realistically, working in Child and Youth

Programs through the Air Force.

Caleb Millican, Catoosa County

Position: Catoosa County 4-H Agent

Residence: Summerville Years in Extension: 5 ½ years

Family: Novella girlfriend and her 4 year old son Abner and

of course, Willy the Leopard Gecko

Hobbies: Backpacking, taking rides in the Jeep, and every

sport, seriously I love sports!

Favorite 4-H Activity: CAMP, CAMP, and MORE CAMP! Favorite Book: Siddhartha by Hermann Hesse and A Walk

In The Woods by Bill Bryson

Favorite Movie: To Kill a Mockingbird

Favorite Music: A random mess of everything **Favorite TV Show:** Letterkenny and The Office

Favorite Quote: "If you want to be happy, be." - Tolstoy If I didn't work for Extension, I would be ... doing something

in Politics



Meet the Members

Joey Eller, Rabun County

Position: 4-H Educator, Rabun County, Northeast District

Residence: Demorest, Habersham County

Years in Extension: 6 months Family: 4-H is my family

Hobbies: Teaches karate, builds Star wars costumes,

shooting sports

Favorite 4-H Activity: Summer camp

Favorite Book: Jedi Academy Trilogy by Kevin J. Anderson

Favorite Movie: Star Wars

Favorite Music: Kiss

Favorite TV Show: The Masked Singer Favorite Quote: "Can't have nothing!"

If I didn't work for Extension, I would be ... volunteering, I

have since I graduated high school 27 years ago.



Morgan Zipperer, Effingham County



Position: 4-H Educator Residence: Statesboro, GA Years in Extension: 1.5

Family: Currently engaged and getting married on April 11,

2020

Hobbies: Kayaking, making shirts and vinyl decals, and

spending time with my dog Rebel

Favorite 4-H Activity: Camp

Favorite Book: The Lovely Bones

Favorite Movie: Top Gun

Favorite Music: Country and Rock Favorite TV Show: Law & Order: SVU

Favorite Quote: "When you talk you are only repeating what you already know. But if you listen, you may learn something

new." -Dalai Lama

If I didn't work for Extension, I would be ... A nurse

Meet the Members

Laura Goss, State Staff



Position: GA 4-H Military Camp Coordinator

Residence: Tucson, Arizona; however, we are getting

ready to move Great Falls, Montana

Years in Extension: 7 Years

Family: Husband- Jared, son- Forest, cat-Amelia, sisters-Kristi, Amy, Julie, and Kayla, parents- Terry and Karen, 4 outstanding brother-laws, and 6 nieces and nephews. Hobbies: Hiking, board games, hanging with family, road

trips, and camping

Favorite 4-H Activity: Camp, Poultry Judging, and

leadership focused events

Favorite Book: A Walk to Remember

Favorite Movie: A Walk to Remember (of course!)

Favorite Music: Christian

Favorite TV Show: This is Us (I know you watch it too!)
Favorite Quote: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts. It always hopes, always perseveres. LOVE NEVER..." (1 Corinthians 13 4-8)
If I didn't work for Extension, I would be ... a stay home Mom. Forest and I would probably get into to much trouble, so it is a good I work for 4-H.



Don't forget about the COVID-19 resources on the Georgia 4-H and UGA Extension webpages!

https://georgia4h.org/about-us/resources/activity-resources/

https://extension.uga.edu/topic-areas/timely-topics/emergencies.html

Where They Are Now

Section Designated to Life Members & Retirees Who Keep on Giving and Keep on Keeping On



FarmHer Filming

By: Ann Wildes, Life Member



What an exciting experience when FARMHER from RFD-TV came to little Bacon County, Alma to do a show on Georgia Blueberries. My husband and I have watched FARMHER, a show about women in agriculture, for the past few years. During the show they will tell you how you can nominate a woman you feel is a strong advocate in agriculture. So about a year and a half ago during one of the shows, my husband said he was going to nominate me, so he went to the computer, filled out the form and submitted it online. That was the end of that......or so we thought.

"FarmHer" focuses its camera lens on women in agriculture through the eyes of photographer and TV host Marji Guyler-Alaniz, who takes viewers coast to coast on a journey capturing the story of women and their connection to the land through her camera. Each episode features a glimpse of agriculture through a unique lens: The female perspective. The women of "FarmHer" are passionate and determined to make a difference in the lives of their families, communities and around the world. Some have been through tragedy, others have seen victory ... but all of them are connected through their love of agriculture.

Then in early April, 2019, we received a call from the host of the show Marji Guyler-Alaniz saying that the producer of the show had selected me, Ann Wildes of Georgia, to be one of the episodes in the 4th season that runs from Fall of 2019 through Winter of 2020. On May 22, 2019, Marji and her crew arrived on our little farm to spend the day with me and film all the things that go on a blueberry farm. We started out by inserting soil probes in the field to test soil moisture and keep us from running too much water when it isn't necessary. Then we walked through the blueberry fields to eat some fresh, yummy Georgia blueberries and meet some of the hand-pickers. Then it was off to ride on the blueberry harvester and see those little "blues" being picked with a machine. Our next stop was to the blueberry packing shed where we followed the blueberries from the field through the color-sorting, soft sorting, hand selection of the finest berries to go into the little clear clam shells that you find and purchase from your local grocery store. We watched the machine as it packed and labeled the clam shells and then workers placed them in boxes called flats that would very soon end up on the shelves of local grocers. For our last stop of the day, the crew came to town and visited The Blueberry Barn where I sell all things "BLUEBERRY." From jams, jellies, syrups, to sauces, candles, candles, and delicious ice cream all made from blueberries. They especially enjoyed the blueberry cheesecake ice cream.

The day was almost magical and certainly delightful meeting the crew of FARMHER and showing off the most amazing Georgia blueberries! The show aired the first time in October 2019 and then again in January 2020. I have been blown away how this show increased my business. Folks all over the U.S. have called, come by and ordered online from that little 30-minute show. I had a lady from South Dakota call and order, folks from Ohio, Texas, Alabama and more have come in the shop after seeing the show. I have had orders from Oregon, New York, Pennsylvania, and Michigan and more. The crew of FARMHER was absolutely incredible to work with. They worked long and hard but in the end put together a great 30-minute show promoting Georgia Blueberries. I am so thankful for the opportunity to have been a part of this awesome show and if you haven't watched the show before, perhaps now you will.

Where They Are Now

Section Designated to Life Members & Retirees Who Keep on Giving and Keep on Keeping On



Retirement - Then To Now!

By: Royce James, Life Member

For me, growing up in Southeast Georgia in "small town USA", traveling was somewhat unheard of. Family travels as we knew it took us to visit relatives in similarly nearby areas approximately an hour or less from home. Considering the opportunities available to me upon graduating from high school, attending college – although again in "small town USA", was certainly a welcomed achievement. Of course, it was during this stint that I got to cross the Georgia State Line for the very first time while visiting with a friend and fraternity brother's family in Newark, New Jersey. Although there were other, but limited, opportunities to travel while in college – funds presented other challenging measures.

With that being said, I began my career as a County Extension Agent with the opportunity to travel initially across Georgia with 4-H attending summer camps, events and other activities. No doubt, I'm still not certain who enjoyed all the opportunities and experiences more, me or the 4-H'ers. Probably the most amazing part of it all for a poor, small town country boy is that you actually got paid to do it – WOW! Now that's not to say that this vast experience did not come without its own challenges in trying to navigate professional work accomplishments with promotions, salary issues, etc. Although that's another chapter, I defer to a simple lesson I got from my mother – "son count your blessings" – and I feel I have been blessed immensely.

Now, this brings me to the part about why I'm an "ACTIVE" life member. Well, in case it's not apparent already – in part, meaningful travel. But, equally meaningful are the great friendships; forging state-to-state connections; gaining new inspiring ideas; new sights to see and experience; as well as, growing personally from the new knowledge of customs and cultures of different places within the state and across the United States. To my recall I have not miss a GAE4-HA annual meeting since induction, and, have attended all but three NAE4-HA annual conferences since my first in San Diego, California. One of my personal Extension mentors once told me early in my career that it's tough to grow and develop professionally without some far measure of personal growth and development – hence, a key program focus of our Association.

I retired in 2009 after 30 years as a County Agent in Bibb County, Georgia. I continue to serve GAE4-HA as Life Member Chair and 4-H as a County 4-H volunteer. A few of my most enjoyable pastimes includes playing golf and basketball, a workout at the Health Club, motorcycle and horseback riding, dancing and taking short excursions. I'm a member of the men's ministry and male choir at church, occasionally substitute teach, volunteer in the county school district, and, is a devoted and active member in my fraternity's civic and service programs. A more personal endeavor has been weekly classes to learn "Detroit Style Urban Ballroom Dancing" with the Middle Georgia Ballroom Dance Connection. Dancing engagements has included public events dance exhibitions and fundraising dance competitions for local charity organizations supporting Scholarship Foundations.

Caring & Sharing

Often times, people cite the importance of their Extension family support during times of celebration and times of sorrow. We encourage our members to share about their personal lives – marriages, births, deaths, accomplishments – through our Caring & Sharing page.



Casey Mull (State 4-H Staff) recently joined Purdue University as the Assistant Director of Extension and State 4-H Program Leader. He's enjoying his new role from a safe distance but will be relocating to Indiana soon. Best wishes!

Paisley Dru Ashley made her arrival on Friday,
January 17th weighing 8 pounds 11 oz. She was welcomed home by her big brother Andrew, her
Mother and Father, and her "HA HA" (Shanda Ashley, Calhoun County 4-H Agent) and her "Annie" (retired Randolph County Secretary, Drusilla Whatley)! She has plenty of hair for all those bows!!!



Sherry Waller (Taylor County 4-H Program Assistant) is retiring on April 30th!



Gracie (State 4-H Staff) and Joshua Kuyrkendall were married on December 14, 2019. They currently reside in Athens, Georgia with their dog, Murphy.



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Special thanks to all contributing authors and the 2019-2020 GAE4-HA Media Committee for their contributions to this newsletter.

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