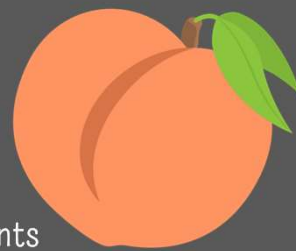


THE PEACH PRESS

The Official Publication for the Georgia Association of Extension 4-H Agents



Important Reminders

GAE4-HA Conference at
Rock Eagle 4-H Center
April 8-10, 2019

NAE4-HA Commitment
Money Due
July 31, 2019

NAE4-HA Conference in
White Sulphur Springs
November 3-7, 2019

GAE4-HA Conference
April 20-22, 2019

A Message from President Poppell

Welcome to the 2019 GAE4-HA Annual Meeting: "People, Purpose and Passion – The GAE4-HA Art of Success." Our conference theme describes the three things that make GAE4-HA and Georgia 4-H the picture of success: people, purpose and passion. Although the colors of our pallets may be different and we may use different tools and techniques in our communities, our canvas is the same – making the best better.



There is strength in numbers. Our membership boasts over 200 members including regular, partner, affiliate, and life members. By networking through opportunities afforded by GAE4-HA, we paint canvases of young people as we afford them opportunities to gain experiences and become responsible and independent. Thousands of 4-H members across Georgia benefit from the dedication of our staff and their determination.

Our purpose is best defined in the 4-H Motto - "to make the best better." By using our tools and techniques, we accomplish our purpose to develop the leaders of tomorrow. To be successful in youth development, one must live each moment with the purpose to make a difference and empower young people to do the same.

Our passion is evident by the work of our members. As you look through this edition of the Peach Press, you will capture the passion of our members and the difference they are making across their county, district, state and nation.

As I finish my extended term as President, I thank the people who served immediately before me and the purpose and passion they had for making GAE4-HA the best. It is my hope that you too can capture the passion for GAE4-HA and step up to continue to allow our association to be beneficial for our members! Enjoy our conference, as we celebrate our people, our purpose and our passion. Welcome!

First Agricultural Field Day Success

By: Jean Cook, Dougherty County 4-H AmeriCorps Service Member,
Jazmin Thomas, Dougherty County 4-H Extension Agent,
and Jordan Sliger, Dougherty County 4-H Extension Educator

Dougherty County 4-H along with Dougherty County School System's Career, Technical, and Agricultural Education Department put on Dougherty County's first Agricultural Field Day. More than 700 seventh grade students from Merry Acres Middle School, Albany Middle School, and Radium Springs Middle Magnet School of the Arts gathered on the campus of Merry Acres Middle to attend the event.

Currently, the Dougherty County School System has no agricultural pathway at the middle or high school level. The field day was piloted to bring awareness to youth on where their food comes from, the importance of the agriculture industry to the state of Georgia and expose them to various career opportunities. Dougherty County Extension staff and Dougherty County School System officials hope the field day sparked enough interest among students to reintroduce an agricultural pathway. Five agricultural tracks were represented at the field day. Participants were able to visit exhibitors representing Agricultural Business, Horticulture, Animal Science, Row Crops, and Natural Resources and Environmental Education. Students had the opportunity to observe eggs being laid, different types of farming equipment and appropriate planting techniques, just to name a few.

Several organizations and businesses join Dougherty County Extension to make the first Ag Field Day possible. Those involved included; Dougherty County Farm Bureau, Southwest Georgia Master Gardeners and Extension Volunteers, Flint Ag Company, Georgia Peanut Commission, Georgia Forestry Commission, Harry James Unlimited, UGA Stripling Irrigation Research Park, Poultry Palace, Golden Peanut and Tree Nut, USDA Natural Resources and Conservation Service, Flint River Fresh and Georgia Grown.

Autumn Holsey, 7th grade 4-Her at Albany Middle School, says, "I loved Ag Field Day! I learned so much about how to work a tractor from Mr. James and how important water is to farmers." Autumn also said that she hopes AG Field Day is offered to 8th graders next year so she can participate again.



Curriculum Corner

Generation Rx

Generation Rx is free resource provided by the Ohio State University College of Pharmacy and the Cardinal Health Foundation. The educational materials include lesson plans, handouts, fact sheets, etc. designed to help prevent the misuse of prescription drugs. Their mission is to educate people of all ages about the potential dangers of misusing prescription medication and enhance medication safety among youth and adults.

Their educational toolkit is designed for different audiences: elementary, teen, college, adult, older adult, patient, and workplace. The toolkits include resources such as an introductory letter, activity stations and games (along with facilitator guides), worksheets and visual aids. The resources are also provided in Spanish.

Visit <https://www.generationrx.org/> for more information.



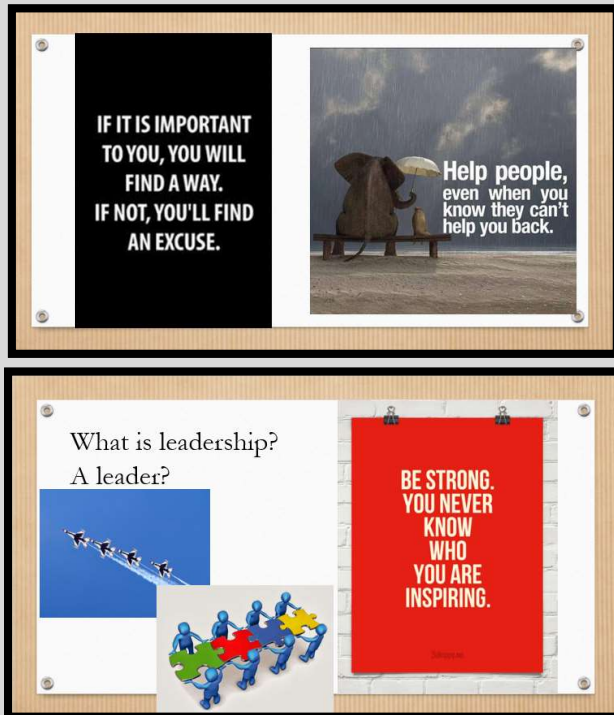
Training Games



The big book of low-cost training games by Mary Scannell and Jim Cain is an outstanding resource for 4-H staff in any role. As the title hints, the games take little supplies or even items you already have in your storage closet. There is no need to break the bank when incorporating outstanding leadership games and ice-breakers into your programs.

The book highlights effective teaching techniques to get the most out of an activity, great opening activities, team building games, and a variety of debriefing techniques. Laura Goss shares, "I have used this book several times over the past year when planning lessons and activities for the military teen leadership summits."

Leadership in the Movies



“Leadership in the Movies” lesson is designed for middle and high school students. Produced by Adrienne .H Cox (ahcox@uga.edu), 4-H Agent in Harris County, the lesson is intended to have students discuss leadership qualities and traits, particularly as they relate to movie clips. The videos are embedded in the Power Point file, so you’ll need a projector and sound to teach the lesson. The last video in the activity is the “4-H Grows Leaders” video. It takes at least 30-45 minutes to facilitate the activity, sometimes longer with lengthy discussions. “When I have taught to middle school students they enjoyed it and did well with the discussions,” says Cox. Interested in the lesson? E-mail Cox directly to get the resource!

Congressional Medal of Honor

The Congressional Medal of Honor Foundation website: <https://themedalofhonor.com/> is full of outstanding character education lesson plans for all ages. Many of the lessons tie to the military core values and/or to a Medal of Honor recipients. While, the lessons are themed around military, they do not have to be used to promote military programming nor be used strictly with a military audience. The lessons are perfect for Veterans Days, Memorial Day, Martian Luther King Day, and for a themed in-school and after-school programs on leadership or character development.

Educators can request a free copy of the entire Medal of Honor curriculum, including the living history videos, on DVD or flash drive by visiting their website.



Developing Scientific Minds through Hands-On Experiments

By: David Buckler, Catoosa County AmeriCorps Member

To most people, this next generation, that so many of us within Extension and 4-H work with daily, seems hopeless. These youth are hopelessly attached to technology without any true connection to the world around them. They do not have a means to operate on their own or to think for themselves. As Extension/4-H professionals, we are given the mission to change the trajectory of this next generation. We do so by stimulating the mind to think for itself and to do so critically. We stir up the heart to produce greater loyalty to the family, friends, and country our hearts hold so dear. We train hands to do more than type and tap but rather to serve others and to execute the creativity the mind produces. We direct the youth under our care to lead healthy lives; lives capable of *living*.

To fulfill this calling as a member of the 4-H family, my office and I created a lesson on flooding from the curriculum found within Project WET for fourth graders in our county. During the lesson, we were able to show examples of flooding from newscasts from local news channels. We discussed with the students what causes extreme flooding, especially within urban settings. Youth were able to grasp difficult concepts like the permeability of different surfaces and soils, all the while piecing together how this lesson connected with previous lesson topics like the water cycle and severe weather.

During the planning stages, we predicted that some students may struggle to comprehend the content. Therefore, we deigned an experiment within the classroom that simulated flooding within areas of high soil permeability and areas of low soil permeability. The supplies were simple and inexpensive: aluminum pans, cheap sponges, plastic bags, Styrofoam cups, and tap water. The aluminum pans represented any area that holds water: a creek, a river, a lake, or even a student's yard. The sponges

represented the ground, while the plastic bags represented concrete or any other impermeable surface that would cover the ground. The cup functioned as a basin to hold the water to pour into the pan and to put back into the cup in between using the plastic bags and not using them.



Needless to say, working hands-on with youth is far more rewarding than when standing in front of them attempting to teach them about confusing concepts such as permeability. Giving youth, no matter what grade they are in, the ability to think critically by doing something *with their hands* that they can touch, hold, manipulate, engineer, and create is far more important to the development of this generation than it ever has been before. Virtual simulations have their value and place within the classroom. We are blessed to be able to stand on the shoulders of giants, our beyond-value and highly underappreciated classroom teachers, and help mold these kids into the self-sustaining, scientifically-minded leaders of tomorrow through hands-on experiments like this one.

If your county is interested in the adapted lesson, please feel free to contact me for more information at david.buckler@uga.edu or at our office phone: 706-935-4211.



Board of Directors - Fun Facts

The 2019-2020 GAE4-HA Board of Directors is a fun group of folks. Some of us decided to disclose a fun fact about ourselves ... but we won't tell you who we are! Try to guess who submitted the fun fact. Answers will be revealed in the next edition of the Peach Press.

In college, I was a member of the UGA Redcoat Band properties crew and led a team that could paint the lines of a regulation size football field complete with end zones, yard lines, and hash marks in under 2 hours.

I eloped in 2000.

I served as Governor of Georgia for JOOI – Junior Optimist Octagon International – while in middle school.

I grew up playing two instruments, the alto saxophone and the bassoon!

I held the flag on the field for the last Atlanta Braves home game in Turner Field stadium.

Both my kids were born in March on the 13th & the 31st ... it's easy to remember the transposed dates.

I raised rabbits as a child.

I once helped capture an escaped giraffe at the UT VET School.

One year, I visited the Georgia National Fair every day the fair was in town – lots of fun!

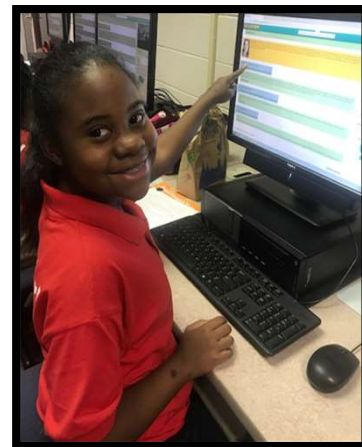
My biggest fear in life is that I'll get a papercut on my tongue. Therefore, I refuse to lick envelopes.

National Drug Chat Day

By: Leslie Weaver, Fort Valley 4-H Program Coordinator

In the January 2019, the Fort Valley State University 4-H Club in Houston County took part in the National Drug Chat Day event. National Drugs and Alcohol Chat Day is an annual live online chat held between high school students and NIDA scientists during National Drug and Alcohol Facts Week. Students from around the country ask the questions they most want the answers to about drugs and drug misuse, including drug effects, how to help friends or family that are abusing drugs, and what causes addiction.

4-H'ers asked series of questions from "What made you become a scientist?", to "What is in a prescription drug that causes a person to become addicted to them?" This activity takes place under our Healthy Living for Substance Abuse Awareness program. It is also a cool way to incorporate a small amount of STEM. This event was held in Houston County at the FVSU Warner Robins Campus. Twenty-four 4-H'ers were in attendance.



FVSU 4-H Science Olympiad Parent Involvement Day

By: Leslie Weaver, Fort Valley 4-H Program Coordinator

Fort Valley State University 4-H Program partnered with Peach County Schools to host their Science Olympiad Parent Involvement Day. Science Olympiad is one of the premier science competitions in the nation, providing rigorous, standards-based challenges to nearly 8,000 teams in all 50 states. Peach County Elementary School has been active in this competition by involving the elementary school student from Hunt and Kay-Road Elementary. FVSU 4-H collaborated with Kay-Road Elementary's FVSU 4-H STEM Club, to prepare these youth for their competition. The event was held on February 23, 2019, on the campus of Fort Valley State University at the Pettigrew Center from 9:00a.m. - 12:00p.m. Students had the opportunity to work with their parents and university volunteers on the eight Science Olympiad project areas. Some of the project activities were Barge-Building, Mystery, Grab-a-Gram, and Which Way is North?. These events take advantage of the natural curiosity of each child and allow for in-depth hands-on experiences. Twenty students were in attendance for this fun-filled event for hands-on STEM activities.



Bright Ideas at Work



Summer Programs Edition

Kids in the Kitchen

Since kids are out of school for the summer, UGA Extension offers a fun interactive program "Kids in the Kitchen". Mitchell and Baker County Family and Consumer Science Agent invites kids ages 9 years old to 8th grade to come have fun afternoon participating in various activities that will help them in the kitchen such as basic kitchen knowledge, preparing snacks, practicing food safety, and much more! Mitchell and Baker County 4-H staff assist with this fun interactive program.

Submitted by Danielle Simmons, Mitchell County 4-H Agent & Sylvia Davis, Mitchell/Baker County FACS Agent



STEM Day Camp

Last summer, Peach County 4-H hosted a STEM day camp. 4-H'ers made kinetic sand, science slushees, and liquid chalk! The kids got to learn a lot about chemical reactions and why salt makes ice colder. STEM is a popular topic that offers many hands on activities that 4-H'ers love.

Submitted by Samantha Price, Houston County 4-H Agent

Community Service

Don't forget about community service during your summer programs! I love to take 4-H'ers to our local Senior Center where they are able to play BINGO, call out

seniors. They really love hanging out with the 4-H'ers and the kids have fun too! Each day that the Senior Center is open, they have activity time from 10:15a.m. - 11:15a.m. before getting ready for lunch. The seniors play games and have guest speakers each day but they really like to mix it up. Reach out to your senior center or nursing home directors and see how you can get your 4-H'ers involved in simple but meaningful community service during the summer!

Submitted by Megan Powell, Lanier County 4-H Agent

Community Tours

Worth County 4-H had an exciting summer program! We toured the Global Village & Discovery Center in Americus, which is a 6-acre village that allows you to see Habitat for Humanity houses from countries all over the world. After that, we drove to Plains and toured the school and boyhood home of our former President, Jimmy Carter. Plus, a trip to Plains isn't complete without a stop downtown for peanut butter ice cream! We also went to the Okefenokee Swamp. This tour included a boat tour, train ride around the swamp, learning about the history and culture of the area, and the chance to hold some local wildlife. The 4-H'ers loved the outdoors ... except for the yellow flies in late July!

Submitted by Kristen Pegues, Worth County 4-H Agent





More Bright Ideas

Summer Programs Edition

Bee Box Building Workshop

April showers bring May flowers ... which bring summer pollinators! In your summer programming, have youth explore pollination gardens and their inhabitants, such as bees, lady bugs, and butterflies.

Let youth get hands on interaction by designing and constructing bee boxes (https://secure.caes.uga.edu/extension/publications/files/pdf/C%201125_1.PDF).

Place the bee boxes near flower beds and gardens but away from bird baths and feeders. Return at the end of summer to see how many pollinators have found a new home!

*Submitted by Chasity Tompkins,
State 4-H Staff*

Cake Batter Popsicles

Our 4-H'ers made cake batter popsicles, and they were a huge success! It's an easy recipe and guaranteed to please. Contact me for the recipe!

*Submitted by Adrienne Cox,
Harris County 4-H Agent*

Savannah Bananas Baseball Game

Take me out to the ballgame! Bryan County 4-H invited other 4-H programs to join them at the Savannah Bananas baseball game on a June evening. The 4-H groups got to sit together, were recognized for attending, and had all-you-can-eat tickets to the concession stand!

*Submitted by Trish West,
Bryan County 4-H Agent*



Georgia on my Mind

Our summer programs are all about keeping Georgia on our minds! We take our 4-H'ers to all sorts of sites and places throughout the state, letting them learn about our history and natural beauty, all while having fun! We picnic, play, and make awesome memories. Some of our favorite places include the Macon Museum of Arts and Sciences, the Ocmulgee Mounds National Monument, and seeing the sights in Savannah! We also offer a Destination Unknown Trip – where we only reveal the location to the parents. Keeping the details a surprise really adds suspense!

*Submitted by Cheryl Poppell,
Toombs County 4-H Agent*

Summer Day Camp County Tours

The Peach, Taylor, Marion, Schley and Macon Counties Work Group has teamed up to host a week of County hosted tours this summer. The first week of June, each county will offer and host a day camp in their county and the other four counties will attend. Each day, a new county will be the host for the day. The idea is to offer multiple day camps with minimal effort by individual counties. Day camps will include outdoor cooking, hiking, teen leader training, and a natural resources day.

*Submitted by Kate Whiting,
Peach County 4-H Agent*

2019 Georgia Junior National Livestock Show

By: Megan Powell, Lanier County 4-H Agent

The Georgia National Fairgrounds were full of excited young people during February 20-24, 2019 for the Georgia Junior National Livestock Show. This is a joint annual livestock competition open to Georgia 4-H and FFA members. Each year the numbers are impressive! The total numbers for this year's event are listed in the chart to the right. Many counties throughout the state have livestock programs that are impacting young people positively every year. Livestock projects utilize a lot of resources, but the benefits are endless. Helping 4-H'ers with livestock projects can be overwhelming, but thankfully we have many qualified agents and online resources available to us!

Animal	<u>Exhibitors at Show</u>	<u>Animals at Show</u>
Market Hog	867	1209
Market Steer	125	144
Beef Heifer	284	410
Market Heifer	17	17
Dairy Heifer	195	222
Breeding Ewe	83	156
Breeding Doe	124	187
TOTAL	1509	2345

There are resources available on the Georgia 4-H website with helpful livestock information. Go to georgia4h.org and follow these headings: Programs → Focus Areas → Agriculture & STEM → Agriculture → Livestock and Animal Projects. After you have reached this page, scroll to find the "Livestock Project Information and FAQs" heading. Click to expand that section and you will see the links for information sheets for several species! If you are interested in starting or growing your county's livestock program, rely on these resources and ask other agents and our specialists for their input. Livestock projects are a great way for our 4-H'ers to learn about responsibility, time management, budgeting, agriculture, and so much more!



Meet the Members

Laurie Murrah-Hanson, Fulton County

Position: Fulton County 4-H Agent

Residence: Atlanta, GA

Years in Extension: Seven years

Hobbies: traveling, gardening, working out, going to concerts and UGA football games

Favorite 4-H Activity: Camp

Favorite Book: *Pride and Prejudice*

Favorite Movie: *A League of Their Own* & *Indiana Jones* series

Favorite Music: a little bit of everything – but if I had to pick one artist, it would be the Beatles

Favorite TV Show: *M*A*S*H* & *The Office*

If I didn't work for Extension, I would be ... well rested!



Audra Armour, Wilkes County

Position: Wilkes County 4-H Agent & CEC

Residence: Washington, GA

Years in Extension: Eleven years

Family: Justin Armour (husband of 10 years) and Addie Elizabeth (7 year old daughter)

Hobbies: touring, gardening, farming, and sharing time with family and friends

Favorite 4-H Activity: Livestock competitions and exhibitions because it taught me the morals, ethics, and responsibility that I use to face life's challenges today.

Favorite Book: *The Bible*

Favorite Movie: *Gone with the Wind*

Favorite TV Show: *When Calls the Heart*

Favorite Quote: "Act justly, love mercifully, and walk humbly with your God." – Micah 6:8

If I didn't work for Extension, I would be ... an educator because I firmly believe in educating our future so that they always have a passion and desire to learn more and to teach others.

Meet the Members

Bill Hammond, Appling County

Position: Appling County 4-H Agent

Residence: Jesup, GA

Years in Extension: Three Years

Family: Jennifer (Wife), Gwyn (5), Alex (3), and Anna (1)

Hobbies: play tuba, ride motorcycle, medieval reenactment battles

Favorite 4-H Activity: Summer Camp

Favorite Book: not really much of a reader

Favorite Movie: *The Greatest Showman* (currently)

Favorite Music: anything really

Favorite TV Show: *Last Man Standing*

Favorite Quote: "Man, he is constantly growing. And when he is bound by a set pattern of ideas or way of doing things, that's when he stops growing." - Bruce Lee

If I didn't work for Extension, I would be ... working for Delta Airlines so I could enjoy those sweet flight benefits! Look out world, here I come!



Lindsay Hayes, Decatur County

Position: Dougherty County 4-H Agent & County Coordinator

Residence: Bainbridge, GA

Years in Extension: 11+ years

Family: Brian (Husband; ANR Agent & CEC in Mitchell Co), Miller (18), Rachel (14), Scott Ross (8), Kirksey Bell (5)

Hobbies: reading, yardwork, and cooking

Favorite 4-H Activity: Without a doubt, exhibiting livestock and livestock shows

Favorite Book: Not sure that I have just one. My current obsession is reading through cookbooks.

Favorite Movie: *Top Gun* & *National Lampoon's Christmas Vacation*

Favorite Music: I really love all music.

Favorite TV Show: Honestly, I rarely watch TV.

Favorite Quote: "Success is earned." - Warren Beeler

If I didn't work for Extension, I would be ... a domestic engineer

Meet the Members

Courtney Brown, State Staff

Position: Extension 4-H Specialist, Healthy Living Programs

Residence: Athens, GA

Years in Extension: One year in July

Family: I have been married to my husband Brad for just a little over a year.

Hobbies: I love cooking, hosting dinner parties, and hiking with our two dogs Charlie and Bella.

Favorite 4-H Activity: Food Challenge

Favorite Book: *Little Women*

Favorite Movie: *The Baxter*

Favorite Music: Punch Brothers

Favorite TV Show: *30 Rock*

Favorite Quote: "Our story is never written in isolation.

We do not act in a one-man play. We can do nothing that does not affect other people, no matter how loudly we say 'it's my own business.'" – Madeleine L'Engle

If I didn't work for Extension, I would be ... working in the Southern Living test kitchen!



Just a Reminder!



The NAE4-HA Organizational Stewardship Committee (OSC) is recruiting members to serve on the 2019-2020 NAE4-HA Board of Trustees. Per UGA Extension Guidelines, members seeking a national/regional office, position, committee or task force chair must complete the Request for Administrative Approval and submit to the Associate Dean for Extension's Office at least 6 weeks before candidate's application is due to NAE4-HA. The Summer NAE4-HA Meeting where OSC will present the nomination slate is Wednesday, July 17th at 1:00pm ET. Candidate packages will be due before this day. Therefore, we highly encourage potential applicants to plan accordingly. The Request for Administrative Approval is here: https://site.extension.uga.edu/gae4-ha/files/2018/02/RequestForAssociationLeadership_appendixB-002.pdf

Project GROWL (Growing Real Opportunities in Work & Life)

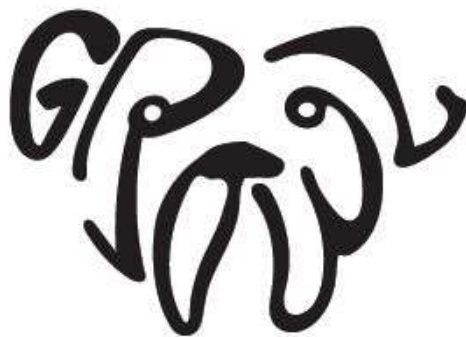
By: Chasity Tompkins, Project Evaluator



Project GROWL provides urban after-school agricultural and environmental education programming to middle and high school youth within two communities in Clayton County and Fulton County, GA. Programming for Project GROWL consists of five themes: advocacy and communication, urban agricultural education, urban environmental education, policy and governance, and leadership and sustainability. This urban agricultural model explores new opportunities and enhances audiences through Extension programming. Youth are definitely “learning by doing” and are not afraid of getting dirty in the process!

The sustainable programming model equips communities to empower themselves. With populations within urban communities expanding, the need for sustainable, healthy, and affordable food increases, along with the need for people to understand and advocate for urban agricultural systems. Youth in Project GROWL attend workshops and events across the state to help increase their agricultural literacy. These events also teach and build on professional and personal development skills, like leadership, goal setting, critical thinking, and problem solving.

Throughout the past year, youth engaged in programming at various agricultural locations, including visits to research labs in Tifton and urban garden tours in Atlanta. Youth also tended to the Project GROWL 4-H Club garden located at the Camp Fulton/Truitt 4-H Center in College Park, GA. The garden supplies year-round harvests, including tomatoes, herbs, and greens. Youth decorated the garden with hand-painted signs and individually designed bee boxes to showcase their sense of belonging with Project GROWL and Georgia 4-H!



Diversity, Inclusion, and Extension

By: Debra Cox, GAE4-HA Diversity Committee Member

Merriam-Webster's Dictionary defines diversity as "the condition of being composed of differing elements; variety especially the inclusion of different types of people (such as people of different races or cultures) in a group or organization programs intended to promote diversity in schools." In today's society, the buzz word is diversity. What does diversity mean in 2019? Diversity includes anything from culture, race, gender, age, disability, personality, and even socioeconomic status. We cannot say diversity is any one element in our society today. As a human race, we must learn to be more understanding of what diversity truly means in our world today. People are much more sensitive due to the social media surrounding our environments than what took place even 50 years ago. Martin Luther King, Jr. stated, "people fail to get along because they fear each other; they fear each other because they don't know each other; they don't know each other because they have not communicated with each other." If we as a nation take the time to understand each other and what we stand for in society, then maybe we will be able to make a difference. Working with youth, I have seen what it truly means to be diverse through thought, word, and deed. Our youth respect each other in hopes of being understood for their values they encompass.

Another quote from Martin Luther King is "forgiveness is not an occasional act; it is a constant attitude." Sometimes it is the attitude that gets us in trouble when we look at diversity. We must be able to forgive, for people have bad days. As a 4-H Educator, I feel I must put a happy face on when I am at work, no matter how I feel because my attitude could spark positiveness inside someone who is also having a bad day! The more positive we can be as a nation, then we will see more positiveness towards the diversity that is sometimes frowned upon.

In my final thoughts about diversity, we must remember inclusion in our world today, as diversity and inclusion go hand in hand. There was a comment on Global Diversity Practice webpage and it simply stated, "diversity is the mix and inclusion is getting the mix to work well together." Another way to look at diversity and inclusion would be best quoted by Verna Myers, Diversity Advocate and she said, "diversity is being invited to the party while inclusion is being asked to dance." The point we must remember is to treat all people equal and to include all people in the conservation of life. We must understand the small battles in life to see the larger picture. Finally, in the *Journal of Extension* there was an article in the Fall 1992 issue titled "Diversity Involves Us All." In the first sentence of the article it stated, "Extension is an educational agency established to serve "people" – all people!" In other words, all people must be included in our conversations and works for the betterment of our nation.



Getting to Know You

In each edition of the *Peach Press*, we plan to feature a collage of photos about a certain topic from our members. Our theme for this edition is personal hobbies. We encourage you to contribute!



↑ Adrienne Cox (Harris County 4-H Agent) spends a lot of time with her family and friends doing water sports on the lake. They ski, wakeboard, and surf year around. She also loves to run and enters in races. One bucket list item was a Disney Race, which she and her husband did last November - a half marathon!



← Kasey Bozeman (State 4-H Staff) enjoys puzzles, problem solving, and escape rooms. She's even been known to throw an elbow or two. Her goal is to do an escape room in every state ... only 43 more states to go!



"Laughter is timeless. Imagination has no age. Dreams are forever."
- Walt Disney

← Trish West (Bryan County 4-H Agent) is a Disney World annual pass holder. She tries to visit whenever she can ... especially after DPA! Pictured here are Trish and her daughter Peyton at the 2019 Garden Festival.



↑ Laura Goss (State 4-H Staff) loves exploring the outdoors! She enjoys going on walks, hikes, kayaking, camping, backpacking, or anything that involves the outdoors. Currently living in Arizona, her favorite place to hike is the beautiful Sabino Canyon, due to the range of animal and plant life. She plans to hike to the top Rincon Peak this year.

Sam Price (Houston County 4-H Agent) enjoys crafting in her free time. She owns a Cricut machine and loves to make gifts for others. Addie the Dog enjoys providing supervision.



Ag Awareness Week

By: Debra Cox, Mitchell County 4-H Educator

Mitchell County Extension and Baker County Extension hosted and Ag Awareness Week, March 19-23, 2019. The program was a collaboration with Mitchell County Extension, Baker County Extension, Mitchell County Farm Bureau, Mitchell EMC, Camilla & Pelham Main Street Programs, Pelham & Camilla Chamber of Commerce, and the Mitchell County Development Authority. It was a hit!

On Wednesday, the team hosted 3rd Graders Learn Ag. Different groups representing the agriculture industry, such as Farm Bureau and the Georgia Forestry Commission, hosted interactive booths for the students. Youth created thank you cards and voted on photos for a photography contest, sponsored with ribbons and prize money from Mitchell EMC. WFXL provided coverage of the event:

<https://wfxl.com/news/local/hundreds-of-third-graders-attend-ag-awareness-day>

On Thursday, we had a Farmers Appreciation Luncheon, hearing from Jody Redding from Johnny Isakson's office. He mentioned about the Hurricane Relief package for Farmers, hoping it would be passed the following week. Sponsors donated prizes to be given out to the farmers. Various items were given to all the attendees along with a magazine featuring an article from Sylvia Davis, author, and Debra Cox, contributing photographer. Luncheon Participants also had the opportunity to vote on the photos too.

This was truly a great week with 4-H, ANR, and FACS working together with other entities celebrating agriculture in Georgia!





Mitchell & Baker County Agriculture
Supports Agriculture

Mitchell & Baker County Agriculture Awareness

March 20, 2019
3rd Graders Learn Ag

Exhibits:

Waters Lab—Soil, Plant, & Water Testing
Flint Ag—Farming Equipment
Southeast Ag— Farming Equipment
Mitchell County Farm Bureau
BCCS FFA
Mitchell County FFA/Young Farmer
Hays LTI — Farming Equipment
Tidewater Ag — Farming Equipment
Georgia State Patrol Helicopter
Rossman Apiaries—Bees
Georgia Forestry Commission
C.M. Stripling Irrigation Research Park
Mitchell EMC
1 Dog Ventures—Citrus
Drones—Kelvin Owens
Mitchell County 4-H
Thank A Farmer (create a card)

Note: If your school takes pictures, please post the following hash tags: #GaAgWeek2019 #MitchellCo4H

[illegible]



Bryan County 4-H Remembers Veterans

By: Trish West, Bryan County 4-H

With the establishment of the Fort Stewart Military Reservation in 1940 and Hunter Army Airfield nearby, Bryan County is in close proximity to more than 57,000 military personnel and their families. Bryan County's population has doubled over the past 20 years becoming the 61st fastest growing county in the United States. Much of this new population is due to military personnel moving into the area. Military families are such an influence on the economics, education, and growth in Bryan County; we not only owe the military thanks for their service in our community, we also owe them thanks for their service to our country and defending our rights.

Our local American Legion Post 164 recognizes veterans who are no longer with us in body, but their spirit is remembered in the community. This year, the members of the American Legion Post 164 were unable to fulfill the remembrance activities due to health issues. They called upon Bryan County 4-H to help recognize veterans on Memorial Day & Veterans Day.



Over two days, large United States flags and crosses were placed in downtown Pembroke. Each cross was freshly painted and bore the name of a veteran and in which war they served. We placed smaller flags at the graves of all veterans buried in the county. Two local veterans with the American Legion accompanied us as we cleared debris from graves, placed new flags at their headstones, and properly disposed of weathered flags. Stories of heroic deeds about some of the veterans were told to us as we worked to honor our veterans. Over 250 flags were displayed on the graves of veterans. During the remembrance activities, 4-H'ers commented on what they had learned during the process: they learned the importance of remembering those who gave so much of themselves to ensure we have a better life, there is a proper way to dispose of weathered flags respectfully, there are more veterans than we imagined buried in our community, and there is a rich history in Bryan County that should be preserved.



Caring & Sharing

Often times, people cite the importance of their Extension family support during times of celebration and times of sorrow. We encourage our members to share about their personal lives – marriages, births, deaths, accomplishments – through our Caring & Sharing page.

Kandi Edwards (Whitfield County 4-H Agent) is a grandmother to Maria Esperanza Hill, born February 18, 2019. Kandi states, “she is smart, cute, and precious! ... Did I mention she is smart, cute, and precious? Gonna keep her!”

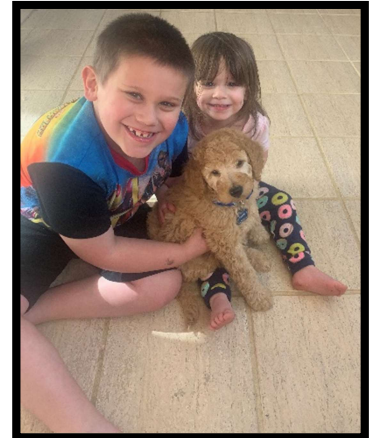


↑ Chasity Tompkins (State 4-H Staff) attended the National Youth At-Risk Conference in Savannah, GA in March 2019. She presented a poster titled: *Growing the Youth of Tomorrow: Applying Leadership Skills in a Hands-On Effort for Food Security*. This was her first poster presentation and she won third place!

Wrigley, an 8 week old Golden Doodle joined the Bloch family. Pam Bloch (Gwinnett County 4-H Agent) is excited about the new addition! →



↑ Kelcie Barnes (Greene County 4-H Agent) married her college sweetheart, Newt Gilman, on December 15, 2018 at the bride's home church, The Pointe, in Toccoa, GA. They both now live in Greensboro. The couple thanks all the 4-H and Extension family who attended the wedding or have sent their well wishes!



Nolan Avery Lee was born on December 22, 2018 at 6lbs 6 ounces, 21 inches long, at 5:08pm. Brittani Lee (Cobb County 4-H Agent) is the proud mom. He loves to smile at anyone that talks to him and looking outside at the leaves and trees. Nolan is already looking forward to his first trip to Rock Eagle! ↓



Meredith Baggs Bleckley County 4-H Program Assistant) married Bryce Kirkpatrick on December 22, 2018. They spent Christmas & New Years in Hawaii for their honeymoon. Bryce and Meredith enjoy traveling and plan to mark many places off of their bucket list in the coming years. ↓

Cindy Meadows (Seminole County 4-H Agent/CEC) was selected as one of the 2018 Citizens of the Year by the Donalsonville-Seminole County Chamber of Commerce.



↑ Zona Medley (Colquitt County 4-H Agent) retired after serving UGA Extension for 26.5 years! She has served thousands of young people in Southwest District and all of Georgia 4-H. We wish her a happy retirement!



Give It Up

By: Leslie Weaver, Fort Valley 4-H Program Coordinator

In September, Fort Valley State University 4-H'ers in Houston County participated in a Civic Engagement lesson, through National 4-H Common Measures. Students at Achieve Academy, a home school base student-centered learning environment currently serving students in grades two through eight, took part in the meaning of civic engagement and community service. Students had the chance to understand how civic engagement can make a difference in the day-to-day life of our communities. 4-H'ers were asked "what challenges of the world and local issues do you see?" Students brought up issues of child abuse, hunger and homelessness. During the lesson, 4-H'ers had the chance to share knowledge, skills, values, and motivation that they felt can make a difference in our communities.

4-H'ers decided to conduct an outreach project "Give it Up"! Students began researching local nursing homes, homeless shelters, and youth organizations in the area that their 4-H club would "give back" to. In October, the 4-H students decided to adopt the Rainbow House Children's Resource Center. The Rainbow House Children's Resource Center (Rainbow House CRC) is an organization devoted to reducing the occurrence of child abuse and assisting victims. Throughout Houston County, Rainbow House CRC coordinates community efforts in child abuse education, advocacy, treatment, family support, prevention, and training. The house itself is a child-friendly facility where children feel more comfortable talking about their situation.

Students collected cleaning supplies, Kleenex, paper goods (tissue, paper cups), and juice boxes. Over 100 items were collected and given to the Rainbow House CRC in November. Give It Up was a huge success and the impact was felt in the community.



4-H Tech Changmakers Project: The Possibilities are Endless!

By: Kandi Edwards, Whitfield County 4-H Agent

National 4-H Council and Microsoft have partnered together to bridge the connectivity gap in rural areas across the United States with the goal of fostering “a sustainable future where everyone has access to the benefits technology provides and the opportunities it creates”. The 4-H Tech Changemakers program supplies youth with the equipment and technical assistance they require to be providers of educational opportunities that address the technical literacy needs in their community. Community centers, senior centers, libraries, school parent-teacher organizations, health fairs, churches, and other community agencies are potential 4-H partners and recipients of these technical events.

Dr. Lori Bledsoe, the Northwest Program Development Coordinator, was awarded a Microsoft grant for the Catoosa, Gordon, and Whitfield counties to become 4-H Tech Changemakers. Seven 4-H'ers and their adult leaders attended the 4-H Tech Changemakers Training held at the 4-H Youth Development Center in Columbus, Ohio, on February 28 - March 2. This training gave 4-H'ers a wealth of technical knowledge and introduced various adult delivery methods and techniques that they will use. Participants also learned about the various challenges they may face while delivering these services.

After identifying potential community partners that may assist them and venues where these classes might be held, 4-H'ers created a plan of action that outlined the necessary steps to be taken in delivering these classes to their communities. Common Measures evaluation surveys will be conducted to assess the impact of these classes. While the 4-H Tech Changemakers will be teachers of digital literacy and Internet safety and security, they will also do what 4-H'ers do best – learn experientially. On April 13, these newly-trained digital ambassadors will host a 4-H Tech Changemakers training for other 4-H'ers in their counties that will join their county team. Look forward to reading more about these 4-H Tech Changemakers as they take advantage of this awesome partnership and share their acquired knowledge with in their counties!



Life 101 – Financial Literacy Retreats

By: Kris Peavy, Randolph County 4-H Agent



The 4-H Agents in Randolph and Whitfield Counties were awarded an Innovative Grant from the University of Georgia College of Agricultural and Environmental Sciences that provided \$5,000 monetary support for two financial literacy conferences targeting 6th – 8th graders. The two-day Life 101 Financial Literacy Conferences reached 86 youth from Georgia and two participants from Florida. These conferences incorporated the Georgia 4-H key values of leadership, citizenship, and healthy living skills development. Designed to increase their financial knowledge and stimulate their awareness concerning the importance of this knowledge, Life 101 challenged students to put their knowledge into practice in various life experiences.

College campus venues were chosen to provide the participants with an introduction to college life and give them opportunities to have discussions about “what they want to be” with their college student tour guides.

The conferences were hosted on the Dalton State and Andrew College campuses to provide the 4-H’ers with an overnight stay in a dorm room. Youth created a “Piggy Bank” as a part of their registration. Winners of the “Piggy Bank” contest were awarded prize money donated by the local banks and presented by their representatives.

The Life 101 conferences had a guest speaker that facilitated an interactive financial timeline demonstration, “Where will you be in 15 years from now?” 4-H’ers became contestants in game shows that focused on financial literacy themes: “The Price is Right, or Is It?” and “Career Jeopardy”. Students were divided into groups and rotated from class to class every 35 minutes. The financial literacy topics discussed included: budgeting, banking basics, debit and credit cards, goal setting and financial planning. The Saturday “Life” classes participants attended supplied necessary knowledge and activities to help these 4-H’ers make positive financial decisions in the future.



Chanleigh Underwood: Three Time Master 4-H'er

By: Sheila Marchant, Jeff Davis County 4-H Agent

"Glitz and Glam, Let's Show Some Ham"....this was the title for a Cloverleaf DPA speech for 5th grade 4-H member, Chanleigh Underwood in 2014. She presented this Cloverleaf DPA project in Pork Production where she placed 1st. Chanleigh was new to the presentation side of 4-H, but she was no stranger to opportunities 4-H had to offer in the livestock program. Chanleigh has been showing pigs with Jeff Davis County 4-H since she was four years old in the pre-club 4-H Livestock program. Starting at an early age has peaked her interest in the pork project and has served her well in the last eight years at the Georgia Junior National Livestock Show held each year in Perry.

In the 5th grade, when she presented her speech about showing pigs, Chanleigh used first-hand knowledge of showing pigs and brought it to life for those in the pork project. She has carried this knowledge and love for the program on to achieve high status among 4-H members statewide. Underwood won the Georgia National Junior Market Gilt Show for the first time in 2013 as a 4th grader with her pig Tootsie, earning her first Master Status. In 2014, there was repeat in the hog barn when Chanleigh and her pig Angel took home the honors of Grand Champion Market Gilt earning her a second Master 4-H'er Status as a 5th grader. She has also placed in the top five, four of the eight years she has competed.



The Georgia National Junior Livestock Show was held once again in Perry, February 20-23, 2019. Chanleigh and her gilt, Thunder, brought home top honors from the state as Overall Grand Champion Market Gilt. This win once again, earns Master 4-H status for Underwood. A three time Master 4-H Member is no small feat and comes from dedication and hard work. Chanleigh devotes many hours to the training, working and caring for her show pigs. While others in the community are involved in sports, showing and raising show pigs is Chanleigh's sport. She works after school every day, on weekends and holidays, rain, shine, hot or cold, to earn these high honors. In addition to winning overall Grand Champion Gilt, Chanleigh was the 1st place winner for 10th grade showmanship. Her dedication to the project prevailed for her once again as she brought home top awards in this prestigious event.



Chanleigh's love for her show pigs has become a way of life for her and her family. Currently, she works with her dad to breed and raise show pigs at their family barn. She has been raising pigs of her own for two years. When farrowing season begins in mid to late July, Chanleigh is on watch for newborn pigs. She spends long, hot hours in the farrowing barns monitoring the safe delivery of newborn pigs.

These pigs are later sold to other youth exhibitors for show pigs. This past year, she raised six litters and at the 2019 State Show, one of the pigs she raised was selected as a Division Champion. Chanleigh will use this gilt in the coming year to raise more pigs for her operation.

Chanleigh states that the best thing about showing pigs for her has been the people she has met and the friends she has made over the years. Her favorite 4-H activity is definitely showing livestock and she states she would never choose anything over showing her pigs. When asked how she would promote the show pig



industry or encourage others to show, Underwood says, "To me it's fun! I love the task of gaining the pig's trust and then teaching them to walk proud. Yes, walk proud may sound silly, but the pig has to learn to trust you.....My pigs are my teammates and it's so rewarding." 4-H and the livestock program has had an impact on Underwood since she began showing pigs as a young girl. Chanleigh has gained confidence showing pigs and she says, "I was a shy little girl who would hide behind my parents. My first year showing, I cried before entering the ring at every show, but my parents pushed me because I loved the pigs so much at home. Then one day it just clicked and when I stepped into the show ring nothing mattered but doing my best." Consistent devotion to her dreams has kept Underwood pressing forward to reach her goals... she says, "When I was seven I began showing pigs for Zack Bridges and I still do to this day." Chanleigh has a love for animals, especially pigs, and plans to continue to show pigs throughout high school. After high school, she plans to attend the University of Georgia to become a pharmacist and continue to raise livestock.

Chanleigh is the 16 year old daughter of Chad and Autumn Underwood and attends Jeff Davis High School. She is an advocate for the livestock industry, and the 4-H program and understands the importance of agriculture to our community and our state. Chanleigh also understands the importance of raising healthy animals and she has devoted herself to the task. While others are chasing their dreams along other avenues, you can find her chasing hers in the barn. Jeff Davis County 4-H wishes her the best as she continues to strive to "Make the Best Better".

Where They Are Now

Section Designated to Life Members & Retirees Who Keep on Giving and Keep On Keeping On

Bo Ryles

"Clover" continues to be my logo. I'm perpetually lucky. National 4-H, Clover Coffee, Clovers & Co, and Clover Glove Races. Clover Glove has raised more than \$170K for 4-H. It's a community of runners supporting 4-H. We welcome 4-H County groups to host a race. It's been amazing to see how successful the 4K, 5K, and 10K races have been in recruiting new folks to support 4-H both as volunteers and donors. Google Clover Glove to check us out. Strap on running shoes and join us most any Saturday.



Ann Wildes

One of the first activities I began when working as an Agent in Bacon County in 1998 was to develop a Christmas program with food and craft demonstrations, entertainment, and door prizes. It was well received in the community and grew and grew until we had to move to a larger location and hire a caterer. All the money raised went to help our local 4-H program. Our office did this program for 14 years and had to sell tickets because of the number that we could accommodate.

In 2012, the year I retired, the Extension Office decided that they would not carry on this program so I asked if I could continue the program as a community project and make it a fund raiser for charity. It was agreed that I could use it for the community.

I have some great friends who have a heart for missions. For the past 6 years, we have planned and organized this huge event to help raise money for a local mission called the South Georgia Potter's House for Women.



This mission helps women who have addiction problems get off the drugs, alcohol, and medications, and become productive members of society and get back with their own families.

The program is always held the 3rd Thursday in November and the name is a Taste of Christmas.

Tickets are \$20 and those who come get a cookbook with the recipes that are prepared that evening, sample delicious food and beverages, see delightful and easy craft demonstrations that can be used in their own homes, participate in fun, silly games, and are eligible for over \$600 in amazing door prizes.



This past year we raised \$8,000 for the South Georgia Potter's House. I am proud and blessed that there are so many ladies who want to give of their time and talents to help pull this off every year. A group of young ladies, the Alma Service League, have been invaluable in helping set up and take down, serving food, teaching crafts, and leading the games.

Members of the Potter's House are always willing to help us in any way possible, too. This project is too big for just one so everyone jumps in and helps! We also get help from the Junior Exchange Club in help taking up tickets at the door.

We have a silent auction for homemade cakes and one for gifts. We also sell tickets for a fully-decorated Christmas tree worth at least \$2,000 that is given away to someone that evening.

It is a great activity, and we love being able to serve our community and help others at the same time. Tickets go on sale the first of October, and we always sell out! If you live near Alma and are interested in tickets, be sure to follow us on Facebook for announcements!



LIFE MEMBERS/RETIREEES



BECOME AN ACTIVE PART OF YOUR ASSOCIATION

Life members are encouraged to attend the GAE4-HA Annual Conference in the spring of each year (usually mid- to late-April and held in an area of the state designated by the President-Elect), professional days in your district, and the NAE4-HA Annual Conference in the fall. We hope life members would also support or volunteer with the Extension/4-H program in their respective county and/or area of residence if at all possible. Life member/retiree honors and awards are presented during state and national meetings.

In the quarterly GAE4-HA *Peach Press* newsletter, we are highlighting life members and retirees in the "Where Are They Now" section, a newsletter section designated to life members and retirees who "keep on keeping on." However, we won't have that section unless we get submissions! Life members are encouraged to provide relative information of themselves or other life members about what they have been doing since retirement. This could be one specific activity/project or several things. Examples include working another job, a business venture, community service activities, an interesting hobby, family activities, or an interesting family vacation/trip.

If you're aware of former colleagues doing fun stuff, please put something together (or ask them to) and send to me for submission in one of the *Peach Press* issues. Please attach any applicable photo(s) for use as well. Of course, if you prefer, simply send me the name(s) and contact information to the Life Member Chair. Newsletter editions may be accessed via the GAE4-HA website.

Royce James
Life Member Chair
roycelj@uga.edu

Jenna Daniel (State 4-H Staff) and Keri Hobbs (State 4-H Staff) presented their research about young engagement at the Engagement Scholarship Consortium. Enjoy the fun infographic with their results!

Engaging Young Alumni Through Community Centered Support

Jenna Daniel, Extension 4-H Specialist & Keri Hobbs, Extension 4-H Specialist
The University of Georgia

The Big Picture

Unique characteristics surround the current “young” demographic of community-based program alumni. We can see that millennials are indeed a charitable generation with their time, money, and voices. Building upon the relationships of 4-H programs in Georgia, we see a need for a tailored approach for engaging, stewarding, and utilizing our most recent organization graduates.

Who Are Our Young Alumni?

Current residents from your community, or Alumni of your program.
35 years or younger, or within 15 years of their 4-H experiences



Volunteers

TIME



Donors

MONEY



Advocates

VOICE

Engaging With Young Alumni

Format

TECHNOLOGY

Approach

PERSONAL & TAILORED

Role

DIVERSE & EVOLVING

STATISTICS



71% of responses indicated they had donated on a smartphone



81% of responses prefer to donate online

Volunteers want to learn about opportunities through email

Volunteer Current Age: 19-24
Donor Current Age: 25-29



2/3 of responses were from females



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Special thanks to all contributing authors and the 2019-20 GAE4-HA Media Committee for their contributions to this newsletter.

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