

THE PEACH PRESS

A Publication of The Georgia Association of Extension 4-H Agents
Fall 2016 Edition



Brought to you by the
Media Committee
Dinah Rowe, Editor
Media Committee Chair

A Message from the President ... Kasey Bozeman

With the temperatures dropping, leaves changing colors, and disappointing football game outcomes, fall is certainly here! Fall is my favorite season for so many reasons, including attending professional conferences. Last month, I joined nearly seventy other Georgians as we made our way to New Orleans for the National Association of Extension 4-H Agents Conference. Conferences refresh my sense of purpose as an Extension professional, allow me to contribute to a larger body of knowledge, provide for network and the exchange of ideas with like-minded colleagues, and bring home ideas that will directly benefit the 4-H youth, adult volunteers, and Extension staff in Liberty County.



THE PEACH PRESS PUBLICATION DEADLINES:

Winter 2017 Issue

Deadline for Articles:

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February

Spring 2017 Issue

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Webpage:

www.georgia4h.org/gae4-ha/

With the GAE4-HA conference and many other non-Extension conferences on the horizon, I encourage you to think about your own work and how you can share the great things you are doing with others. At our Southeast District GAE4-HA Professional Development Day, I shared some of my incomplete thoughts about conference engagement and presentations. I hope this list will encourage you to “fall” for conferences too:

1. Discover your spark. Channel your efforts towards building your reputation around things that you have a passion for and love.
2. Join professional associations that align with your interests, like GAE4-HA. Look for groups that meet and will help you improve your work. If you are new to conferences and conference presentations, start with GAE4-HA and present to your peers!
3. Pack your bags and attend conferences. Get engaged - attend sessions, discussion panels, etc.
4. If you want to submit a proposal, start with your good programming. We all have great programs, great ideas, and great things to share. What can you share?
5. Know your goals. Find published materials and resources about your topic to help you meet your goals. Learn everything you can about a conference – history, mission, objectives, submission/review process, etc. Reflect upon your work, and write your proposal to meet the conference goals and objectives.
6. Find peers to give you honest feedback about everything – your thoughts, your proposal, your presentation, etc. Every Woody has a Buzz Lightyear.
7. Celebrate your proposal acceptance and attend the conference. Over-prepare, select sessions you want to attend, and have fun. Build relationships with other attendees during the conference. Continue the dialogue after the conference by reaching out to those you meet at the conference.
8. Remember why you are here. It’s not about success as our culture has defined it. It’s about improving yourself, which, in turn, improves the programming you provide.

I hope you will consider getting engaged at our upcoming GAE4-HA conference as well as other non-Extension conferences this year. Feel free to share your experiences in an upcoming edition of the Peach Press. We are only going to better ourselves and the 4-H programming we provide when we take the chance to engage and share!



DeKalb County 4-H Members Engage in 'Hands to larger Service' for the Ronald McDonald House Guest Residents

By Leonard Anderson



DeKalb County 4-H members once again eagerly put their cooking skills to work for the Ronald McDonald House (RMH) at Emory University. This service learning project implemented by DeKalb 4-H'ers provide the students the opportunity to use their hands to help make a difference for others. Ronald McDonald House Charities provides a home away from home for families of seriously ill, critically injured or medically fragile children receiving treatment at area medical facilities. The house offers a nurturing and supportive environment including a place to eat, sleep, launder clothes and relax.

Leonard Anderson, County Extension Agent, states they really enjoy this community service effort, especially eating with the house guests. Two very supportive parents, Ms. Anectrice Terry and Ms. Yvette Pitts-Ayo, help make the community service effort successful. The 4-H'ers handle everything from purchasing to preparing and serving the meal. Ansley Lockett also states they also complete the project with kitchen clean up afterwards to make sure it is ready for the next use.



They purchase the majority of the ingredients needed and put their heart into preparing the meals. 4-H'ers worked in smaller groups to actively prepare a warm dinner for RMH families that included Corn on the cob, Sautéed Carrots, Stir – Fry Cabbage, Steamed Broccoli, Baked Tilapia and Parmesan Chicken along with assorted drinks and fresh baked chocolate cupcakes for dessert. Working diligently and earnestly to make sure each dinner item was nutritious, tasty and satisfying while having plenty to eat, 4-H'ers make sure extra servings are available for house guest who are still with their children at nearby hospitals, and have food to eat even if they missed dinner earlier.

Those helping were:

Arabia Mountain High School: Kennedi Briscoe (10th grade),
Ansley Lockett (12th grade), Nia Morrison (12th grade),
Kailah Trice (12th grade), Artis Trice (12th grade)

Columbia High School: Quan Usher (12th grade)

DeKalb Early College Academy: Amina Daugherty (11th grade),
Jawanze Pitts (10th grade)

Druid Hills High School: Carman Mitchell (9th grade)

Miller Grove High School: Joshua Daniels (12th grade),

Stone Mountain High School: Solomon Judge (9th grade)

Stephenson High School: Christopher Terry (12th grade), Randy Terry (9th grade)



Banks County 4-H Program “Our Future Farm Tour” Educates 4-H’ers About Degrees and Careers in Agriculture

By Caitlin Bennett



With the world population expecting to increase to 9.7 billion people by 2050, the future nutritional demands will greatly affect agricultural production. Production on this scale will be more challenging to farmers than ever before as environmental resources will remain unchanged yet agricultural production will need to increase an unprecedented 70%. Because of the rapidly expanding need to feed the world, there is more pressure than ever to encourage youth to choose the agricultural industry as their career path. For the second year in a row, Banks County 4-H Agent Caitlin Bennett coordinated the “Our Future Farm Tour”; a program designed to educate and excite Banks County 4-H’ers about different degrees and careers available within the agricultural industry. This summer program for high school and middle school 4-H’ers allows for the seed of passion for agriculture to be planted with hope that these 4-H’ers will be encouraged to pursue a career in the agricultural industry after experiencing this program.

A survey was administered prior the start of the program to gauge 4-H’ers knowledge, experience, and interest about degrees in agriculture; only 33% of 4-H’ers said that they were interested in pursuing a degree in agriculture. Day one began with Animal Science, with a presentation by Banks County 4-H Agent Caitlin Bennett; followed with a tour of the Eastanollee Livestock Market with owner Mark Smith. 4-H’ers had the opportunity to tour the facility, learn about grading cattle and commodities markets, and watched the live auction.

Day two featured Dairy Science with guest speaker Dr. Jillian Bohlen, Assistant Professor with the University of Georgia Animal and Dairy Science Department, and a tour of Glo-Crest Dairy and Mountain Fresh Creamery. 4-H’ers learned about modern milk production, cow management, and tasted ice cream.

The Entomology degree was explored on day three with a presentation by Brent Phelan, Graduate Research Assistant with the University of Georgia Entomology Department. Mr. Phelan also brought some bug guests with him, and 4-H’ers were able to hold different species of bugs from around the world. 4-H’ers then toured Jarrett Apiaries and met with Slade and Christy Jarrett, migratory beekeepers and learned about the honey making process and even watched honey being processed. The Jarrett’s also explained valued added products they make and sent everyone home with a bottle of local honey.

On the last day, 4-H’ers learned extensively about the degree of Food Science. Denise Everson, UGA Extension Northeast District Program Development Coordinator for Family and Consumer Sciences informed 4-H’ers about the degree and led them in an activity to extract DNA from strawberries. The last tour of the program was to Tiny Town Restaurant in Homer, GA.

Upon the conclusion of the program 4-H’ers were again surveyed on their overall knowledge of the program and their experiences. 100 percent of 4-H’ers surveyed indicated that they were potentially interested in pursuing a career in agriculture with 67 percent indicating that it was because of the Our Future Farm Tour that they were interested in that career path.



4-H Drone Discovery Teaches More than Drones in Newton County



By Terri Fullerton

Could technology change the way law enforcement uses force? Most of what I know about drones came from an episode of *The Big Bang Theory*. On the show, the friends turn in circles to calibrate a drone before it eventually gets a mind of its own and flies all over the apartment knocking things over. If you're like me, you haven't thought about drones as much more than toys. Following Hurricane Matthew, I eagerly watched footage shot from drones of Tybee and Jekyll islands to see if I could spot our 4-H centers. Preparing for 4-H National Youth Science Day, I read about farmers scouting crops, linemen using drones to inspect electric lines, filmmakers getting cool angles and park rangers surveying forest fires. That's all very interesting, but I wasn't excited. That was before Corporal Tony Howard of the Newton County Sheriff's Department came to visit our 4-H Drone Discovery Day.

I thought I knew what to expect: he'd fly the drones around, and we'd hear how he used them to assist with investigations and standoffs. Howard said he was so confident of the impact of drones on law enforcement that he personally purchased the first two used to assist the sheriff's department. He told the 4-H'ers about using them to survey property before a SWAT raid, keeping officers out of the line of fire. But Howard didn't just buy a drone. He continually practices and looks for ways to improve them. He modified one to fly indoors. While visiting the Federal Aviation Administration's (FAA) offices recently, he even had the chance to demonstrate their functionality for a regional supervisor. But these aren't things that happen every day in Newton County, right? No, said Howard, but things like missing persons investigations happen much more frequently. Children get lost. Adults with medical conditions like dementia wander away. Just in the last few weeks a young woman disappeared while fishing at Factory Shoals.

In fact, Newton County SWAT assists neighboring counties, so if we ever had an emergency at Rock Eagle 4-H Center in Eatonton, Howard would be the one coming to our rescue. In many of these cases, the camera and heat sensors on one of the NCSA drones can help locate the missing person in a fraction of the time needed for a search with people. In the Factory Shoals case, unfortunately the woman's body was pinned under a boulder which also emitted heat, but otherwise the drone can detect a submerged body. This alone had me pretty excited. The hours saved in the search not only help the budget on countless manpower hours, but most importantly save time when every minute and second may count for a person's health.

But this was still only the start. Howard told us about other uses of drones in law enforcement, and the various functions that can be added to a drone. In addition to just looking around, drones can be used to carry objects, open things, or any number of tasks. What if a drone could monitor a crowd from above, helping identify problems before they spread? What if a patrolman had a drone in his or her car? You go on what seems like a routine call, but as Howard described it, "the hair stands up on the back of your neck." Normally, the officer might call for back up, but in the end someone will have to exit the car to assess the situation and may have to make a split second decision as to how to respond. But if the patrolman had a drone that could be deployed from the window of her car, she could remain in the safety of the vehicle as she gathers information and assesses the risk. She might interact with other people through the drone.

Instead of a split second decision, what if the drone added time and information for that officer to decide how to respond, while also keeping her safe? Everyone told me Howard was excited about drones. I'm thankful he was willing to share that excitement with Newton 4-H'ers. I could already see the wheels turning in their heads, as some of them imagined how they'll make a difference like Howard one day.



Lock-Ins...A Great Recruiting Tool!

By Dinah Rowe



In Heard County everything competes with sports, so getting kids interested in 4-H can be a challenge. With that in mind, we began thinking of fun things to do to attract 4-H'ers. For the past two years we hosted a Halloween lock in and last year a Christmas lock-in. We discovered that KIDS LOVE LOCK-INS!!!

We set our hours from 7pm-7am so when the kids arrived, we fed them supper. (Pizza) Each person was charged \$10.00 to cover expenses. Since our office is located on the Chattahoochee River, after supper we had a bonfire on the river bank so that everyone could roast marshmallows. After the bonfire, we headed back to the office where the teen leaders were in charge of games and relays. They were great with coming up with the latest activities that held the 4-H'er's attention. Crafts were usually made from lumber scraps or other materials that were left over from other projects in the past, such as milk jugs for "monster milk jugs". Coming up with just the right craft for boys was challenging, but we found that boys love crafts! We had just as many boys do crafts as girls. After crafts, everyone rolled out their sleeping bags, which was around midnight, and we showed movies from around 1:00am -6:00am. At 6:00am, everybody got up, cleaned up and had breakfast. While they were eating, their parents begin showing up to take them home.

A key factor is having plenty of volunteers so that different responsibilities can be delegated and everything is not up to the extension staff. Since Halloween falls towards the beginning of the school year, volunteers need to get certified quickly. We begin asking for volunteer paperwork at the first club meeting.

Another thing to consider is your space and inclement weather. For us, that was not a factor because our office is a gymnasium so just about everything was done under our roof. There have been other counties that have had kids sleep in the office and play games outside, or simply partnered with a county that has space.

At our first lock-in, we had 80 kids that attended, and at our most recent, we had 56 in attendance... the local high school football game fell on the same night which affected our turn out for the latter. Be sure to check school and sports schedules around the county before you set your date. We did do our homework, but it turns out this game was added later after the football schedule was released.

The lock-ins have helped participation in other things such as DPA, County Council and Teen Leader Training. Be sure to post photos on Facebook ... it serves as great advertising! Also, this is great time to get to know your 4-H'ers and new volunteers!





Save the date!



2017 GAE4-HA Annual Meeting and
Professional Improvement Conference

Building for the Future

Rock Eagle 4-H Center • April 17-19, 2017



**2016 GAE4-HA Delegation at NAE4-HA
New Orleans, Louisiana**



Henry County 4-H Program Development Team “Pasta-Bilities” Dinner and Fund Raiser By Laura Garrett



“Oconee County 4-H credits their Program Development Team with the great success they have had in fundraising for 4-H programming over the past five years. The Oconee 4-H Program Development Team’s greatest achievement has been the benefit dinner they designed called, “The Endless Pasta-bilities with Oconee 4-H.” The idea for the benefit dinner came about when Oconee 4-H lost their longtime funding source for Project Achievement. This past year, the PDT held their 3rd Pasta-bilities Dinner, bringing their total funds raised since 2012 to over \$35,000.” (Kelle Ashley, Oconee County 4-H)

Serving a spaghetti dinner and earning a few thousand dollars sounded like a winning plan to Henry County 4-H, so the Program Development Team decided to use the same format. The basic idea was to serve a meal to invited guests, hold a silent auction, provide entertainment along with personal stories about the impact of 4-H, then present an opportunity for those in attendance to make a donation to 4-H. In March of this year, just over 100 people including guests, 4-H’ers, volunteers, and staff took part in the first annual Pasta-Bilities Dinner and Fund-Raiser for Henry County 4-H. After minimal expenses, this two-hour event cleared over \$7,000.

Amazing volunteers, as always, were the key to success. They made it possible to:

- Involve guests and donors that the staff would not have known to include.
- Get most of the food donated and to pick-up those food donations.
- Get the donation of glass plates and goblets for use during the meal.
- Wash all those glass plates and goblets after the meal!!!
- Have a wide variety of silent auction items up for bid.
- Provide excellent sound quality during the program.
- Do all the meal preparation free of charge.
- Set-up and decorate for the event.
- Serve as hosts for the dinner.

Program Development Team members invested many hours to bring about a successful event in support of local 4-H’ers. Much of that time was spent asking and re-asking local businesses for items to include in the silent auction or for the meal. There were plenty of no’s, but enough yes’s to furnish a wide variety of auction items and to host a delicious dinner. Pictured here are the logos of businesses and individuals that made the event possible. Donors knew attendees would receive a copy of this promotional information.



It was such a fun evening with the bonus of raising funds for the young people involved in 4-H!!!
 Many lessons were learned that will help to make Pasta-Bilities and even Greater success in 2017.
THANKS to Oconee County 4-H for such a great idea!



Southeast District Promotes Global Awareness

By Trish West



In order to promote global awareness among middle school aged 4-H'ers, Southeast District created a program titled, "Around the World with 4-H". The program was designed to challenge today's youth to learn more about global issues and how they affect everyone in one way or another. Lesson plans were developed along with hands on activities. 4-H'ers participated in the two day global awareness themed conference where they experienced water availability and food security challenges as well as a cultural exchange with 4-H'ers from the African country of Ghana.

4-H'ers were encouraged to create a plan to take back to their own communities and find ways to make a difference. Michigan State University Extension suggests, "a globally aware child realizes that while there are many similarities among all of us on Earth, there are many differences as well. We don't all speak the same language, wear the same types of clothes, celebrate the same holidays or eat the same foods. A globally aware child learns to appreciate the differences and realizes that differences are OK." The world's population will increase by two billion by the year 2050, and the strain on our planet's water and food resources will be pushed to the limit.

Today's generation will need the tools and skills in order to make a difference in their communities and around the world. Southeast District addressed two major global issues during the program; the availability of clean water and food security around the world. We set out to educate 4-H'ers on how the perspectives of these issues are viewed differently around the world, and what they can do to make a difference in their own communities. 121 middle school aged 4-H'ers were able to skype with 4-H'ers from Ghana and share cultural differences. The Ghana 4-H'ers sang songs and taught our group their 4-H pledge. We made messages in a bottle and sent them to Africa along with pictures, 4-H pins and local seashells.



Enjoying the Grad School Ride

By Kelle Ashley, Oconee 4-H



MASTERS
DEGREE

Lisa Starling has a busier than normal calendar these days. Like most 4-H agents this time of year, Lisa juggles club meetings, fundraisers, and project achievement to name a few, but she also finds time to attend graduate school. When the Grady County 4-H Agent was asked how she balances work, school and her personal life, Lisa responded, *"I will have to be honest; trying to juggle school, work, and life is not an easy task. I have become dependent on my calendar and have to write down everything. Organization and setting time aside for each factor is key. You have to remember to take care of yourself. You dedicate so much time and energy meeting the needs of your professors, coworkers, family, and friends that you can become easily burned out."*

Lisa has her bachelor's degree in Elementary Education from Troy University and is pursuing a master's degree in Agriculture and Environmental Education from the University of Georgia. Even though the added school work has been challenging, Lisa finds that grad school has allowed her to build a network of contacts. She enjoys building relationships with professors and peers and foresees this experience opening the doors for future opportunities.

Lisa advises Extension Agents who are considering getting their master's degree to find a flexible program. She goes on to say that, "not all grad school programs are flexible. You need to develop a support system. Find peers that have been through the program and ask them what worked and what did not work. Remember to organize your time and stay on track. Communicate with your CEC and office staff. Ask them for help and let them know when a conflict arises. Look ahead for overlap. Even though you have club meetings or events scheduled six or more months in advance, you might receive your syllabus at the beginning of a semester and realize that the professor expects you to do a presentation that same day."

It is worth noting that Lisa has the added obstacle of being more than four hours away from the University. Group work in particular is very challenging. Even with the distance and a 4-H agent's workload, Lisa stays positive and reminds herself "to enjoy the ride."



LIFE MEMBERS/RETIREES

WANTED!

How To Join...

Hope you will join us if you're not already a member. Membership drive is held during the fall – however, Life Member dues may be submitted at any time. Life Member fee is 3 times the regular renewal membership fee. Currently, Life Membership dues are \$220. Application for membership is the same as any new or renewal members. On the membership application, simply check off the *"life member"* option. Please visit the **GAE4-HA website**, and/or, contact your District Association Director or the Vice-President for application information.



"WHERE ARE THEY NOW..."

(Designated to Life Members & Retirees
Who Keep on Giving and Keep on- Keeping on)

Cecil Daniels

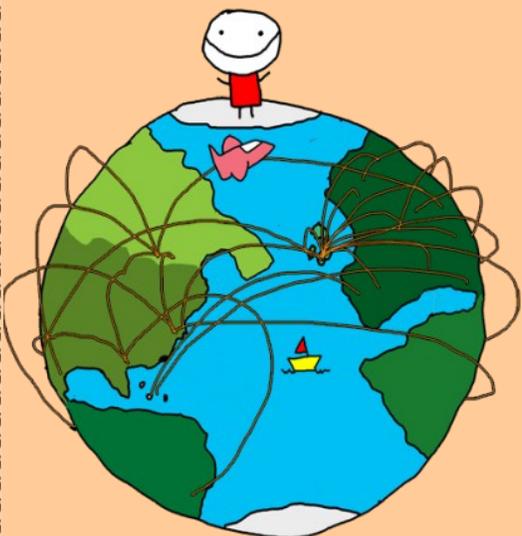
Cecil Daniels: I have been retired since 1989 (My wife Elsie a bit earlier from public school teaching) and have been quite busy during those years. First off, the first summer we (along with my younger sister and husband) drove a VW camper van west to California, Washington and Oregon. We caught a ferry in Seattle then sailed up the inland waterway to Alaska – then back on our wheels to Fairbanks and Cold Foot. This was as far as we could go without a special permit and special gear. We (my b-i-l and I) did a bit of salmon fishing and all pigged out on the fresh catch. The route out and back was planned to visit ones not visited before. This took about 5 weeks in all.

Elsie and I have also been quite busy with Lions Club, travelling to a number of world locations with activities, including a cross country drive to San Diego, California while serving as District Governor from 1994-95, and since, visiting South Korea, Australia, New Zealand, and Hawaii just to name a few. Still, just last year (2015) our daughter Beth planned a trip (expedition) to

Antarctica. We could not have gone without her help. We were there in February (their warmest time of the year.) This topped all other travel we had ever done. My wife Elsie has traveled to all 7 continents while I traveled to only 6. I still have not been to Africa, but still may go since we have acquired a D-I-L from Kenya. My wife and I have traveled much together, and separately.

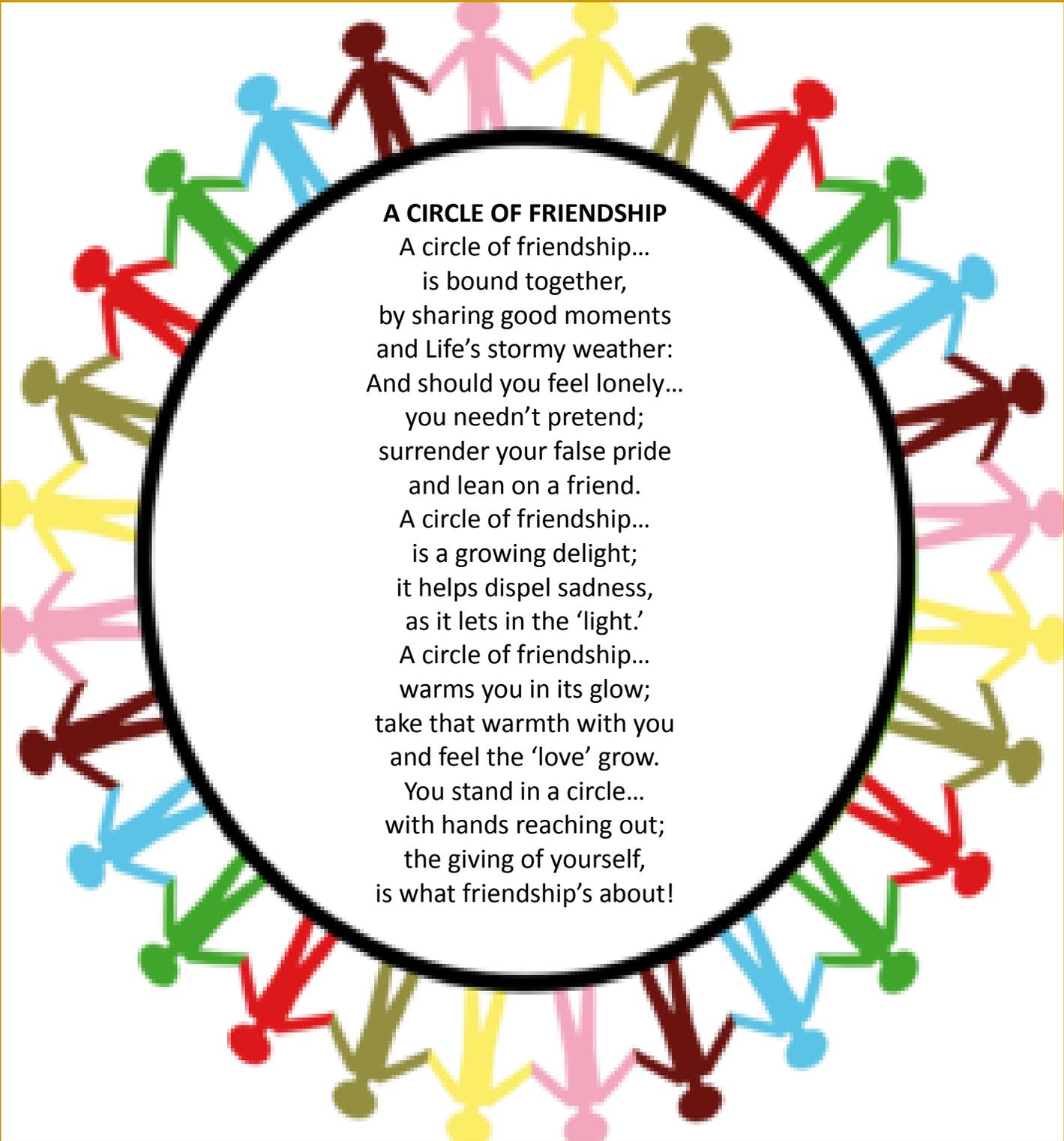
Retirement Schedule:

Monday-Brush Teeth
Tuesday-Comb Hair
Wednesday-Trim Nasal Hairs
Thursday-Shower
Friday-Put on Clean Clothes
Saturday-Shave
Sunday-Consider Changing Underwear



Concerns From the Heart...

As extension professionals, we get together every so often, but we are so spread out that we don't always know the health concerns of our colleagues and the challenges they are facing. Sometimes we just know a little bit and not the whole story. Some of us would like for others to know the trials we are facing and some of us are more private or maybe just need more time. Whatever the case, your extension family does care and would like to help shoulder your burdens if you are willing to share. Beginning with the next edition of the Peach Press, we invite you to share the concerns and challenges you or your family may be facing. Please send your concerns to Peach Press editor: d2rowe@uga.edu



A CIRCLE OF FRIENDSHIP

A circle of friendship...
is bound together,
by sharing good moments
and Life's stormy weather:
And should you feel lonely...
you needn't pretend;
surrender your false pride
and lean on a friend.
A circle of friendship...
is a growing delight;
it helps dispel sadness,
as it lets in the 'light.'
A circle of friendship...
warms you in its glow;
take that warmth with you
and feel the 'love' grow.
You stand in a circle...
with hands reaching out;
the giving of yourself,
is what friendship's about!

Throwbacks...



FALL



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