

T U R N I P G R E E N S

WHEN TO HARVEST

1

Turnip greens are an extremely nutritious vegetable.

2

Turnip greens are best harvested when they are young and small.

3

The best time of day to harvest turnip greens is in the morning.



HOW TO HARVEST

1

Using scissors or garden shears, cut the leaves near the ground, starting on the outside.

2

Leave the most center greens to allow for more growth.

3

You can continuously harvest the leaves as they appear.

STORAGE

Place the turnip greens in a tightly sealed plastic bag. They will last in the fridge for up to 5 days. Do not wash until you are ready to eat them.

