

LETTUCE

WHEN TO HARVEST

1

Lettuce has a wide window of growing maturity, so be sure to check your seed packet to know when it should be ready.

2

Head lettuce (like Romaine) is ready to harvest when the head is firm to the touch.

3

Loose leaf lettuce is ready when the leaves are approximately 6 inches long.



HOW TO HARVEST

1

Both loose leaf and head lettuce is best harvested using a pair of garden scissors.

2

Snip the lettuce near the base of the plant (loose leaf example in the left photo).



STORAGE

Store unwashed lettuce leaves in the fridge. Wash lettuce leaves using a colander and dry the leaves well before consuming.