HEALTHIER TOGETHER GEORGIA



COLLARDS

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WHEN TO HARVEST

Collard leaves are ready for harvest as soon as they reach usable size.

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Collards are most delicious when they are less than 10 inches long and dark green.

Collards are most flavorful when harvested after frost/ in colder weather.





HOW TO HARVEST

Harvest leaves from low on the stem first, and then work your way up the stalk.

Pick leaves from the outside of the plant and work inward. Be careful not to damage the stem!

Leaves will come away from the stem with a sharp downward pull. You can also use a sharp knife.

Leave at least four leaves at the top of the plant (the growing crown); that will allow the plant to grow new leaves for future harvest!