

## B E E T S

### WHEN TO HARVEST

1

Harvest beet roots when they are 1½ to 2 inches in diameter.

2

Tender greens (once they reach 6 to 8 inches long) may be harvested and eaten.

3

Beets planted in the fall should be harvested before the first moderate freeze



### HOW TO HARVEST

1

Grasp the base of the greens snugly, and pull the beet out of the ground.

2

Dust off any soil on the root. Do not wash the roots until you are ready to use them, because the excess moisture can cause premature rotting.



### STORAGE

Unwashed beets can be stored in perforated plastic bags in the refrigerator for up to 2 weeks.