

Healthier Together Newsletter



Sharon Shenanigans Prep!

Community members in Taliaferro gathered in March to plant 200 trees in preparation for the Sharon Shenanigans event on April 30th! The trees were donated by Georgia Power. The event was possible thanks to the partnership between Healthier Together Taliaferro, Sharon Tree City Arbor Day, and Taliaferro County Master Gardeners.



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Let's become healthier together one step at a time!

Calhoun County Coalition Meeting

On March 22nd, Calhoun County Healthier Together coalition members met with Extension and UGA staff to discuss the Healthier Together Georgia project. This meeting was used to share the evaluation report summarizing last summer's listening sessions. Based on the project results, the coalition decided to:

- prioritize increasing community events.
- advertise the coalition to increase participation.
- increase signage for walking trails.



Clay County Food Pantries

Clay County is now home to five new food pantry boxes! These boxes have been in the works for over a year. The boxes were built and are managed by Clay County Family Connections. Find out more at: <https://clay.gafcp.org/>



Let's become healthier together one step at a time!

Stewart County Coalition Meeting



On March 17th, Stewart County Healthier Together coalition members met with Extension and UGA staff to discuss the Healthier Together Georgia project. This meeting was used to share the evaluation report summarizing last summer's listening sessions. Based on the project results, the coalition decided to:

- prioritize new walking trails.
- track produce distribution.
- work toward getting a 501c3 for the food bank.



Taliaferro Master Gardener Program

Master Gardener, Leslie Martin, was the speaker for the February master gardener meeting in Taliaferro County. The meeting focused on cooking, growing, and storing herbs. The meeting was attended by certified master gardeners and other community members involved with school, community, or home gardens. Monte Stephens, the Greene County Agriculture and Natural Resources Extension Agent coordinated the event. Contact Monte Stephens at cmonte@uga.edu for more info.



Let's become healthier together one step at a time!

Meet Your Neighbor

Jane Kuehn is an active member of the Taliaferro community coalition. Jane has been an involved Sharon community garden volunteer for several years.

According to Jane, **"Healthier Together Taliaferro has impacted the county in many different ways, always encouraging families, fitness, and community!"**



Jane Kuehn prepares the Sharon community garden for spring planting.

Meet Your Staff

Shanda Ashley shared, **"Being a part of this program gives me the opportunity to not only give back to this wonderful community but be a partner along with other adults and youth in making positive changes to our county. Together we can do so much more!!"**

Shanda Ashley serves as both the Calhoun County Extension Coordinator, and the 4-H Agent. Shanda's responsibilities include organizing and allocating resources, preparing budgets, and maintaining relationships in the county and community, while also implementing educational programs for youth within the assigned county. You can reach Shanda at sashley@uga.edu or 229-849-2685.



Shanda Ashley stands second to the left next to Rachel Hubbard, Southeast Georgia Extension Program Development Coordinator.



Upcoming Events

- Taliaferro County: The master gardener program meets every 3rd Thursday at Nick's Place at 11:30 A.M., open to the public. Contact Monte Stephens, Greene County ANR Extension Agent, at cmonte@uga.edu for more info.
- Calhoun County: The Bethel C.M.E Church has a food distribution on the 3rd Thursday of each month at 9 AM. The address is 187 Hand Street, Leary, GA 39862.

Find out how you can get involved!

Follow us on Facebook to stay up to date on events happening near you!



Scan to access our website or visit <https://site.extension.uga.edu/healthiertogether/>



Email: healthiertogether@uga.edu



Healthier Together is a High Obesity Prevention grant funded by the CDC and implemented by the University of Georgia Extension. The goals of the grant are to increase community access to healthy foods and physical activities in our 5 target counties: Calhoun County, Clay County, Dooly County, Stewart County, and Taliaferro County.

