



## MYSTERY PAINTINGS

**TYPE OF ACTIVITY:** Art

**KEY CONCEPT:** Eat a variety of foods



### OBJECTIVES:

- › Children will name fruits and vegetables
- › Children will practice fine motor skills by painting

### MATERIALS:

- › Paper
- › Crayons (same color as paper: white on white, yellow on yellow, etc.)
- › Tempera paint
- › Paint brushes
- › Paint cups
- › Smocks or paint shirts



### PROCEDURE:

1. Set-up: Pour paint into cups, and add water to make the paint thinner. Draw an outline of a fruit or vegetable on each piece of paper, using a crayon the same color as the paper. Press hard as you draw. Prepare enough sheets for all children in the small group to have at least one.
2. Review fruits and vegetables with the children. Encourage children to name several different fruits and vegetables.
3. Have children put on smocks. Explain to the children that they are going to solve a mystery as they paint. Distribute a fruit or vegetable drawing to each child. Have children use the paint brushes to paint the entire piece of paper. As they paint, the crayon image should show through the paint. Encourage children to name the fruits or vegetables that appear, and say whether they belong in the fruit or the vegetable groups.

### ADAPTATIONS/EXTENSIONS:

**Art:** Have children draw pictures of foods, using crayons and paper that are the same color. Encourage pairs of children to exchange drawings and then use paint to reveal their partner's picture.