



FAVORITE VEGETABLES MURAL

TYPE OF ACTIVITY: Art

KEY CONCEPT: Eat a variety of foods



OBJECTIVES:

- › Children will identify vegetables that they like.
- › Children will practice fine motor skills by writing and gluing.

MATERIALS:

- › Crayons, markers or colored pencils
- › Glue sticks
- › Butcher paper
- › Pictures of vegetables from magazines, newspapers, seed catalogs and/or websites
- › Age-appropriate scissors
- › Paper



PROCEDURE:

1. Set-up: Find pictures of different vegetables. Place a sheet of butcher paper on the floor or on a table.
2. Have children draw or cut out pictures of vegetables from magazine pages and glue them to the butcher paper to create a mural. Suggested phrases:
 - a. *Do you know what a mural is? It's a big picture.*
 - b. *We are going to hang our mural on the wall so we can see everyone's favorite vegetables.*
3. If developmentally appropriate, help children write the names of the vegetables on the mural near their pictures. If children need help, write the name of the vegetables say the letters as you write them. Suggested phrases:
 - a. *When you finish drawing your vegetable, let's write the name of it on the mural.*
 - b. *You drew a pepper, what letter does pepper start with? Let's write it on the mural.*
4. Hang the vegetable mural in the classroom at the children's eye level so they can talk about the vegetables they like to eat.

ADAPTATIONS/EXTENSIONS:

Dramatic Play/Sensory: Allow children to wash real or plastic vegetables with water and brushes.

Math: Make pairs of cards with the same vegetable picture. Turn the cards face down. Encourage children to turn over two cards at a time to find matches.

Day 5: Vegetables

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