



## ANIMAL MOVEMENT SONG

**TYPE OF ACTIVITY:** Music

**KEY CONCEPT:** Be physically active



### OBJECTIVES:

- › Children will practice language and rhythm by singing the Animal Movement song.
- › Children will move their bodies like the animals in the song.

### MATERIALS:

- › Words to the Animal Movement song

### PROCEDURE:

1. Remind children that being physically active by moving their bodies is one way to keep their bodies healthy.
2. Explain that you will be singing a song about animal movements. Lead the children in singing the song. Act out the movements as you sing them, and encourage children to follow along.
3. Sing the song several times. As children become more comfortable with the movements, try singing the song more quickly.



### Day 15: Review – Physical Activity

For more activities, visit [eathealthybeactive.net](http://eathealthybeactive.net)

## ANIMAL MOVEMENT SONG

(Sung to the tune of "Do Your Ears Hang Low?")

*Can you hop like a frog? Can you hop like a frog,  
From lily pad to lily pad across your bog?  
Can you take a quick drink while you rest on a log?  
Can you hop like a frog?*

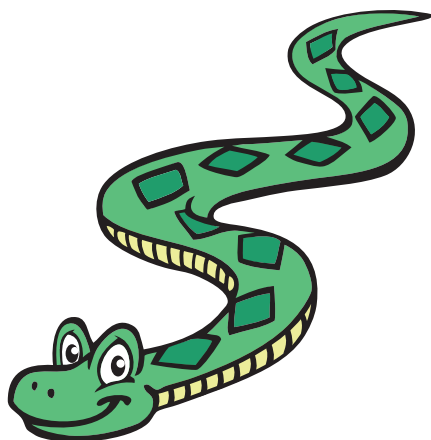
*Can you slither like a snake? Can you slither like a snake?  
Can you slide down the bank into the cold lake?  
Can you startle all the people and make sure they're awake?  
Can you slither like a snake?*

*Can you lumber like a bear? Can you lumber like a bear?  
Can you turn yourself around and sit down in a chair?  
Can you show your scary teeth as you growl and glare?  
Can you lumber like a bear?*

### ADAPTATIONS/EXTENSIONS:

**Music/language:** Have children think of other animals and movements. Work together to write more verses for the song. Sing the new verses and act out the movements.

**Large group/social skills:** Have children take turns acting out animal movements. Encourage the other children to guess the animals.



### Day 15: Review – Physical Activity

For more activities, visit [eathealthybeactive.net](http://eathealthybeactive.net)