

KEYS TO SAVING LIVES

Free trainings to give you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

The University of Georgia is offering a series of free trainings geared to the farming community. Whether you are a farmer, part of a farm family, or work in an industry that supports agricultural workers - this training is for you.

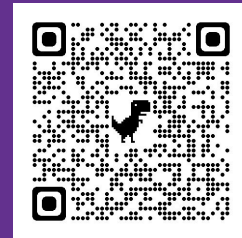
- **Question, Persuade, Refer (QPR) -**
Three simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and question, persuade, and refer someone to help.

Virtual Training-Via Zoom

February 9, 2024

11:00 am -12:30 pm

Register today!



oconeercd@gmail.com

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