# THE PEACH PRESS

The Official Publication for the Georgia Association of Extension 4-H Agents



# Important Reminders

NAE4-HA Conference October 7-11, 2018

Winter Peach Press Submission Deadline December 1, 2018

GAE4-HA Membership Drive for 2019 November & December

Winter Peach Press Release December 15, 2018

Spring Peach Press Submission Deadline *March 15, 2019* 

Spring Peach Press Release *April 8, 2018* 

GAE4-HA Conference *April 8-10, 2019* 

# A Message from President Poppell

Happy fall! So many wonderful things are going on in our state! As we all are very busy with the new 4-H year, let's take time to remember what makes us so successful - our TEAM. Across Georgia, the team of GAE4-HA members provides a network of professionals with resources only a call away.

I learned years ago that success in programming comes from good team. When I was a new Extension professional in my first county, I truly learned the value of working together. At the beginning of my time there, people and personalities clashed. We certainly didn't work



together well, and we were not accomplishing our goals to the best of our ability. That time in my first county taught a simple but ever so important principle – the principle of teamwork. We have all heard: T.E.A.M. (together everyone achieves more) or teamwork makes the dream work. This is so very true. No matter how often these cliques are heard or spoken, there is no greater tool for success in Extension and Association work.

Bestselling author John Maxwell reminds us of important teamwork laws in his book "The 17 Indisputable Laws of Teamwork." Several of these apply specifically to our work as Extension Professionals.

Take for example, <u>The Law of Mount Everest</u>. As leaders we must build the team today to help us face the challenges of tomorrow. Build your team of staff, volunteers and youth to help you climb the mountains.

Or maybe <u>The Law of Communication</u> speaks volumes. Without communication within your program, you are doomed for failure. Talking isn't always communication. Clearly state expectations. Explain needs and expect results.

And finally, always remember <u>The Law of the Bad Apple.</u> Good attitudes don't guarantee success but bad attitudes always guarantee failure. Our attitude influences everyone around you. As you approach each day and each daunting task, remember the importance of this law.

As you move forward, serving the youth of Georgia. Remember the importance of a team! Thank you for your service to the citizens of Georgia. Continue making the best, better!

# Oglethorpe County 4-H Cooking to Share Project Club

By: Marcus Eason, Oglethorpe County 4-H Agent

Approximately half of reported foodborne illness cases occur in children under the age of 15 years. There are more than 2 million children under age 15 in Georgia. The risk of foodborne illness in children is higher due to lower body weight and underdeveloped immune systems. Children have a higher risk of developing serious complications from pathogens, such as *E. coli* and *Salmonella*, than do adults. In the U.S., per year, foodborne disease results in an estimated 48 million persons with gastrointestinal foodborne illnesses, 128,000 hospitalizations, and 3,000 deaths. Georgia ranks 9th in the U.S. in the number of cases of foodborne illness. In addition, every year, over 100,000 people are injured in a kitchen related accident. Children are all too often the victims of kitchen-related accidents in the home. Kitchen-related accidents consist of fires, cuts, burns, falls and poisonings.

Oglethorpe County 4-H has implemented a food preparation and safety education program with youth to teach safe food handling practices and kitchen safety. 'Cooking to Share' is a monthly afterschool 4-H program coordinated by Brad Averill, Family & Consumer Science Agent, and me that allow youth the hands-on opportunity to prepare a well-balanced meal and even learn healthy dessert options to include in a meal plan. Assisted by Oglethorpe County Primary School Food Pantry Coordinator, a needy family is identified and contacted,



a menu is developed, and food is purchased using donated funds. 4-H'ers wash, cut, mix and cook the meal under the direction and watchful eyes of Senior 4-H'ers and adult volunteers. The prepared meal is then given to the identified family in need.



Since the first 'Cooking to Share' was held in February 2013, approximately 650 youth have participated, \$2,000 have been donated to purchase supplies and ingredients. The Cooking to Share program has impacted the lives of 28 Oglethorpe families in their time of need. Oglethorpe County is home to 1,500 impoverished families. 4-H'ers learned how to create and serve nutritious meals instead of cheap non-nutritious foods, such as hot dogs. The families involved are always very appreciative and thankful for our efforts. Many community partners have come together for this project such as, local businesses, churches, Action Inc., the Primary School Food Pantry, School Counselors and DFCS. After administering a pre/post test on the 'Cooking to Share' Project Club 95% of the participating

4-H'ers stated that they had significantly increased their knowledge of: Understanding foodborne illness, how to prepare and cook food properly, how to work safely in the kitchen, how to avoid kitchen-related accidents, how to prepare nutritious meals and understanding the need to help those less fortunate then themselves. Many 4-H parents state that their child gains confidence in the kitchen by participating in the 'Cooking to Share' program and want to begin helping cook family meals. The 'Cooking to Share' Project Club is a win-win for everyone, families in need are receiving healthy meals, youth are gaining confidence in the kitchen and learning to cook, teenagers are building on their leadership abilities and the Oglethorpe County 4-H Club is supporting the community.

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# 4-H Middle School Movie Night

By: Ashley Carroll, Tift County 4-H Agent Megan Powell, Lanier County 4-H Agent

6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade 4-H'ers from Tift and Lanier Counties attended the first annual 4-H Middle School Movie Night held at the Tift County Extension Office on May 24, 2018! Over 20 youth were in attendance.

Teen Leaders from Tift and Lanier Counties facilitated a variety of teambuilding activities for the younger 4-H'ers to get to know each other. Everyone enjoyed homemade popcorn, pizza and movies that were voted on by the participants!

The goal of 4-H Middle School Movie Night is to keep Junior 4-H age youth active in 4-H by offering more fun opportunities for them to network with peers from neighboring counties. May was chosen as the best date as a technique to remind 4-H'ers of other summer 4-H opportunities since school club meetings had ended for the year.









# ceans

By: Al Parker, 2018-2019 GAE4-HA Oceans of Fun Committee Chair

We had another exciting Oceans of Fun this summer! GAE4-HA and Georgia 4-H team up each year to offer several activities and events at the Summer GAEL Conference on Jekyll Island. This year's conference was held on July 8 – 10, 2018.

GAEL, or the Georgia Association of Educational Leaders, is made up of school superintendents, principals, and other school officials from across the state of Georgia. The summer conference includes speakers, workshops, and a large number of exhibitors and vendors.

GAE4-HA, Georgia 4-H, and Camp Jekyll present the Monday morning continental breakfast for the conference. This year's breakfast was coordinated by Ashely Harman and Monica Heys. We also team up to provide popcorn, corn hole, line dancing, and supervision for the Family Fun Night on Monday night.

Oceans of Fun offers an educational opportunity for children and grandchildren of GAEL members to attend classes and workshops while they are attending the conference. This year's OOF was coordinated by Jared Crapps. Nearly 100 youth participated in the OOF this year!

Classes included bikes and ice cream, geocaching, seining and fish prints, cooking classes, canoeing, kayaking, and more! Classes are presented in the morning then everyone can attend Summer Waves Water Park in the afternoon.

Special thanks to those who attended this year:

- Northeast District: Lauren Morris (Banks Co), Kasey Hall (Japser Co), Brennan Jackson (Jones Co), Al Parker, (NE District), Kelle Ashley (Oconee Co), and Susan Yearwood (Stephens Co)
- Northwest District: Chris Campbell (Carroll Co), Susannah Lassetter (Carroll Co), Ashley Harman (Meriwether Co), and Brittany Teets (Rockdale Co)
- Southeast District: Jared Crapps (Pierce Co), Abby Smith (Effingham Co), Trish West (Bryan Co), Leah Wooddall (Bacon Co), and Jesseca Campbell (Wheeler Co)
- Southwest District: Lynn Hall (Lowndes Co) and Jazmin Thomas (Dougherty Co)

We can use your help in different ways:

- We are looking for a Chairperson! If you have participated in the past and are interested in taking a leadership role, please contact Al Parker. You will be in a learning role in 2019 & become Chair in 2020.
- If you are interested in attending Oceans of Fun as worker, join us for our committee meeting at the State Meeting in April. Administration provides a travel reimbursement budget for four agents per district to participate. We would love to have you help out!
- Lastly, we need your help in promoting Oceans of Fun to your school officials who plan to attend the Summer GAEL Conference on Jekyll Island. Look for information on OOF coming in March that you can present to them on the fun activities we have to offer!



Dates for next year's event are July 7 – 9, 2019.

For more details on Oceans of Fun, please contact Al Parker at <u>alparker@uga.edu</u>. We hope to see you there!

## National 4-H Council Youth in Action Award

By: Kasey Bozeman, Liberty County 4-H Agent

So many times different contests, awards, and opportunities cross our desks (or should it be cross our inboxes?), and I have been guilty to glance and delete. One of the greatest privileges we have as 4-H professionals is to extend opportunities to our young people ... particularly opportunities they may not have elsewhere.

If you've ever met Sophia Rodriguez, cheerful, intelligent, and personable are some of the many words you could use to describe her. I'll never forget the day she walked into my office, and she explained what she wanted to do for her Leadership in Action Project: "I just want to tie-dye a bunch of stuff with the kids at Fort Stewart, because they need love and support." After we sat down and really planned out the project, she set out to make a difference, and I'm confident she accomplished her goal.

It was an incredible experience connecting her with the research and resources needed to plan, implement, and evaluate a project that focused on the emotional well-being of military-connected youth using art. Watching her ideas come to life was rewarding. Being able to stand beside her and present her project at the National Youth-at-Risk Conference was an honor. Seeing her be honored as a National 4-H Council Youth in Action award recipient was inspiring. I had the privilege to join her on this journey; I watched a project morph and grow, saw her empower others to expand her work, and got to see first-hand the life skills she developed on this journey. This opportunity only exists because of 4-H.

This fall, National 4-H Council is looking for 4-H'ers who are ready to share their story through the 2019 4-H Youth in Action Awards. While you may not feel as if you know an award-worthy 4-H member, I encourage you to think again. It's the process, not the end result, which is the true privilege. Seek out your 4-H members who have completed work in our core pillar areas of Agriculture, Civic Engagement, Healthy Living and STEM. They may be named a winner and receive a \$5,000 scholarship for higher education, but more importantly, they develop critical life skills – communication, critical thinking, planning & organizing, and even decision-making skills. Encourage them on their journey. Connect them with resources that can enhance their work. Take time and listen. Help them achieve their goals. While the time and opportunities may seem expansive, they really quite limited. I was reminded of that a few weeks ago when Sophia didn't attend our monthly Jr/Sr 4-H meeting, because she's now a student at the University of Georgia.

"The support of a local 4-H professional throughout the 4-H Youth in Action process is invaluable," said Abbey Tillman, program coordinator for National 4-H Council. "You have the expertise and, most importantly, the relationship with the young person to encourage him or her to apply and to put together an application reflective of their work and 4-H experiences." As a small thank you, 4-H professionals whose youth apply for 4-H Youth in Action are also entered in a drawing for Shop 4-H gift certificates.

The Youth in Action applications will close on October 22, 2018. Full guidelines and information can be found at <a href="www.4-H.org/YouthInAction">www.4-H.org/YouthInAction</a>. Abbey Tillman with National 4-H Council will be happy to answer questions and guide you and your 4-H member through the process. Feel free to reach out to her at <a href="www.youthinAction@4-H.org">youthinAction@4-H.org</a>.









## Life Lessons from Dr. Seuss

By: Lynn Davis, Turner County 4-H Agent

The man we all knew as Dr. Seuss passed down life lessons through his animated cartoon books. Make the world better. "Unless someone like you cares a whole awful lot, nothing is going to get better, It's not."- Dr. Seuss.

Turner County 4-H and Turner County School students proved they knew 'A Thing or 2' about reading as they promoted literacy for children of all ages. "You could not would not want to miss a celebration such as this!" said Dr. Seuss and so they celebrated reading and the birthday of Dr. Seuss through the National Education Association's Read Across America.

Under my leadership, approximately 70 youth practiced their leadership skills and worked together to achieve a common goal of reaching over 400 youth. This group project was a great catalyst for students undertaking a joint goal and engaging youth to improve their community. Our 4-H Pledge advocates "for our club, community, country and world."

These teens have practiced leadership, citizenship and life skills. Through this community engagement piece, Turner County 4-H is helping to build social capital where not expected. Turner County Middle School 7<sup>th</sup> and 8<sup>th</sup> graders learned about the pillars of character and leadership through their 4-H lessons. Two focus groups reflected on their local community and identified opportunities for their direct involvement. These middle school focus groups

read to 349 students in Pre-K, Kindergarten, First and Second grades on two separate days. An 11<sup>th</sup> grader coordinated a week-long reading program at Lil Blessings Daycare and Learning Center for approximately 75 children and adults. "The more that you read, the more things you will know. The more that you learn, the more places you'll go." – Dr. Seuss.

Turner County 4-H's County Council also joined the "Seusstastical" fun creating oversized decorations to beautify the school hallways and doors. Certified teen leader Sophie McCard shared "through my work with the Dr. Seuss project, Mrs. Lynn has inspired me to be a humble and helpful community leader!"

Immediately following the reading event, students shared that they felt important and they felt like they would be successful in life. "Today was good. Today was fun. Tomorrow is another one."- Dr. Seuss.

A recent study by U.S. News and World Report indicated a correlation between student engagement and academic success. Engaged students-those with emotional connections to their schools-were more likely to attend class and participate actively in learning. Additional findings found evidence between students having higher school grade point averages, graduation rates, and measures of college success. And one final quote and life lesson from Dr. Seuss "And will you succeed? Yes you will indeed! (98 and ¾ percent guaranteed.)







# Multi-County 4-H Summer Fun Days

By: Megan Powell, Lanier County 4-H Agent

During the summer we are always looking for new ways to engage our 4-H'ers and keep them involved while school is out. This past summer, Lanier, Lowndes, and Tift counties partnered together to enhance our summer programs. Through the collaboration of community partners, all three Extension program areas, and multiple counties, our 4-H'ers experienced many new things and were able to learn while having a blast! We had three FULL days of fun and education on June 26, 27, and 28! Over thirty 4-H'ers from Lanier, Lowndes, and Tift counties joined together during our 4-H Summer Fun Days. Each day was about a different subject. These day camps were coordinated by Ashley Carroll, Tift County 4-H Agent; Lynn Hall, Lowndes County 4-H Agent; Megan Powell, Lanier County 4-H Agent; and Emily Teatro, Lowndes County 4-H Program Assistant.

Our first day was 'Cooking' day at the Lanier County Extension Office in Lakeland, Georgia. 4-H'ers were able to learn about food and knife safety, practice good handwashing techniques, measure solids and liquids correctly, and learn about nutrition. They also got to play games and make and eat tasty snacks like peanut butter cookie dough bites, fruit and yogurt parfaits, berry popsicles, trail mix, and English muffin pizzas. Rachel Hubbard, Lanier County Family and Consumer Sciences Agent, provided expertise and teaching throughout the day during cooking day.

Day two was dedicated to 'STEM' principles. We hosted STEM Day at the Youth IMPACT Center in Lakeland, Georgia. The IMPACT Center has two classrooms and an activity center equipped with ping pong tables, foosball tables, board games, movie theater area, and more! 4-H'ers were able to compete in STEM challenges, do physical and chemical changes experiments, play in the Youth IMPACT Center activity area, and learn about and see live honeybees. Kim Kester, Lanier/Clinch County Agriculture and Natural Resources Agent, brought her honeybees and taught about their importance. The bees were a hit with the 4-H'ers!

Our final day was focused on 'Water' at the Lowndes County Extension Office in Valdosta, Georgia. 4-H'ers were able to learn about water and the environment through the Enviroscape, see the difference between adhesion and cohesion with water droplets, play outside water Olympics, and enjoy a slip-n-slide.

I encourage you to partner with other counties near you to offer new and different opportunities for your 4-H'ers. Not only did the kids have fun, we did too!











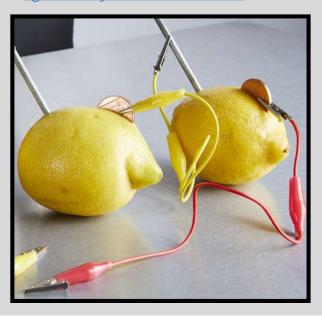
# Curriculum Corner

### 4-H STEM Labs

National 4-H Council has released several 4-H STEM Lab guides, providing the instructions for easy, hands-on STEM activities. Each guide includes topic, grade level, estimated time, messy meter, a list of supplies, and simple implementation instructions. Questions for guiding youth reflection are also included. The experiments are listed on the website and also available for download as a PDF.

Currently, there are 9 activities that could be implemented in a variety of educational settings, and National 4-H Council plans to implement more within the coming year. Enjoy making batteries with fruit or a rubber band car!

Check out all the fun at: <a href="https://4-h.org/parents/stem-agriculture/youth-stem-activities/">https://4-h.org/parents/stem-activities/</a>



# Cornell Lab of Ornithology



The Cornell Lab of Ornithology is known as a world leader in bird study and conservation. Founded in 1915, the organization has more than 400,000 citizen scientists that participate in a variety of programs and over 14,000,000 peoples that access their resources on an annual basis.

Their website includes bird identification guides, lesson plans, news and articles, videos, bird feeding, and bird friendly homes. You can also get 4-H youth involved in some of their citizen scientist programs, giving them the opportunity to contribute data to research projects.

Access the resources at: <a href="https://www.allaboutbirds.org/">https://www.allaboutbirds.org/</a>



# Questions about Opioids?

By: Dinah Rowe, Heard County



Knowing More is the First Step in Facing the Epidemic.

In 2016, 1 in 5 deaths among young adults were opioid related. There is so much talk about the opioid crisis. You may be wondering ...

What exactly are opioids?
Why are they such a problem?
As 4-H professionals working with youth on a daily basis, I decided to explore answers to these questions. Working alongside local law enforcement officials, our findings to these questions were compiled into PowerPoint presentation.

Please contact me (<u>d2rowe@uga.edu</u>) if you are interested in knowing more!

# Community Outreach Guide

By: Jenna Daniel. State Staff

The Georgia 4-H Community Outreach Guide, a resource aimed at helping you better communicate the impact of 4-H in your community is available in the Marketing Folder of Staff Only. Through templates in this guide, you can more easily reach stakeholder groups, establish friends and networks, and ultimately expand your reach.

This guide will help:

- Reduce your time in searching for a consistent and cohesive message
- Provide an effective way to communicate how 4-H transforms lives, and the role you play in that transformation
- Give you the freedom to tailor these resources to your unique county program, events, and activities.

To get started, visit the Shared Files folder in 4-H Staff Only. This resource, its accompanying fonts, images, and logos are available in the "Marketing" folder in Staff Only.





# Meet the Members

# Brittany Teets, Rockdale County

Position: Rockdale County 4-H Agent & CEC

Residence: Conyers, GA

Years in Extension: Seven years

Family: Robert Teets (husband), Emma & Hook (2 puppies) Hobbies: enjoy spending time with family and friends, bullet journaling, DIY projects, watching movies, cooking,

and going to UGA football games Favorite 4-H Activity: 4-H Camp

Favorite Book: Um, I don't read a lot. The last books I read were the Twilight series in college thanks to Brittani Lee.

Favorite Movie: The Sound of Music

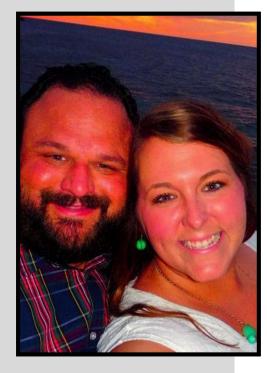
Favorite Music: Everything Favorite TV Show: Friends

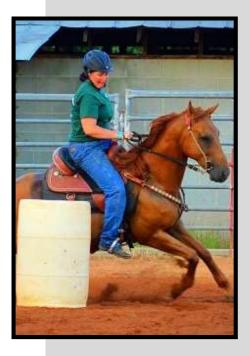
Favorite Quote: "When the Lord closes a door, somewhere

he opens a window!" – Maria from The Sound of Music

If I didn't work for Extension, I would be ... an event planner: weddings, birthday parties, baby

and wedding shows, etc. I LOVE planning events!





## Lauren Dye, Elbert County

Position: Elbert County 4-H Agent

Residence: Elberton, GA

Years in Extension: Twelve years

Family: Kenneth & Ellen Dye, Allyson Dye, 13 horses, 3 dogs, 2 cats,

2 pigs, 3 chickens, 1 donkey, and 20 cows Hobbies: horseback riding, camping, hiking,

traveling, crafts, and reading

Favorite 4-H Activity: District Project Achievement

Favorite Book: The Five Love Languages
Favorite Movie: Dance with Wolves

Favorite Music: Oldies, Classic Country, Bluegrass

Favorite TV Show: Heartland

Favorite Quote: "Man's heart away from nature becomes hard." –

Standing Bear

If I didn't work for Extension, I would be ... a rancher.

# Meet the Members

## Leah Woodall, Bacon County

Position: Bacon County 4-H Agent

Residence: Waycross, GA

Years in Extension: Two years as Tift County AmeriCorps

member & two years as Bacon County 4-H Agent

Family: Spout the cat

Hobbies: Netflix, kayaking, travelling, & making furniture

Favorite 4-H Activity: CAMP!

Favorite Book: For One More Day by Mitch Album

Favorite Movie: The Patriot or Patch Adams

Favorite Music: Broadway musicals

Favorite TV Show: Grey's Anatomy and NCIS

Favorite Quote: "Life is either a daring adventure, or

nothing." -Helen Keller

If I didn't work for Extension, I would be ... a starving

artist.





## Crystal Perry, Sumter County

Position: Sumter County 4-H Agent

Residence: Americus, GA Years in Extension: Four years

Family: Parents (George & Helen) & 7 siblings

Hobbies: traveling, singing, and reading Favorite 4-H Activity: Project Achievement

Favorite Book: I am Number 8

Favorite Movie: Fences

Favorite Music: Christian/Gospel

Favorite TV Show: The Haves and the Have Nots

Favorite Quote: "Your smile is your logo, your personality is your business card, how you leave others feeling after having an experience with you becomes your trademark." - Jay Danzie If I didn't work for Extension, I would be ... serving others through another human service agency/mission field.

# Meet the Members

## Jason Estep, State 4-H Staff

Position: Leadership & Civic Engagement Specialist

Residence: Athens, GA

Years in Extension: 1.5 years in current position (plus 5 summers with camping program & 1 year with EE)
Family: Sadie (Mama) & David (Daddy) are retired public school teachers. Kim (Sister) is a veterinarian who lives in Vermont with my awesome 10-year-old nephew, Solan.
Hobbies: Native American flute, cooking, photography, collecting millefiori paperweights, online shopping
Favorite 4-H Activity: Leadership in Action – It is so humbling & inspiring to see what amazing, original ideas young people can dream up to help others & then work to enthusiastically to implement

Favorite Book: The Once and Future King by T.H. White

Favorite Movie: tie between The Dark Knight & Forrest Gump

Favorite Music: noise pop & pop rock Favorite TV Show: The Big Bang Theory

Favorite Quote: "Love them, inspire them, and they will grow on their own."

If I didn't work for Extension, I would be ... ideally still engaged in youth development and

education, but more likely still chained to a desk in a law firm @





Save the Date! People, Purpose, & Passion: The GAE4-HA Way to Success!

GAE4-HA Annual Meeting Professional Improvement Conference

> April 8-10, 2019 Rock Eagle 4-H Center

Join us for 3 days of peer-taught workshops, educational posters, commercial exhibitors, networking, and award presentations.



# Where They Are Now

Section Designated to Life Members & Retirees Who Keep on Giving and Keep On Keeping On

#### Ann Wildes

Here is just a little news from this old 4-H agent, retired in 2012 from Bacon County. I regret I am unable to participate in the GAE4-HA annual meetings held in April every year due to such a busy time for me with blueberry season and several festivals. In 2013 I opened a small retail store selling all things blueberry to help promote Georgia blueberries called "The Blueberry Barn". You can find me online at: (www.theblueberrybarn.com), and, on Main Street in Alma, GA.

This past February my husband and I traveled to Portland, Oregon for a blueberry meeting and a sightseeing adventure. In July we toured the Ark Encounter and Creation Museum in Kentucky and were "WOWED" by this awesome exhibit. This trip also included travel to Ohio for a visit to the Amish countryside.

Of course, I do keep up with the goings-on of GAE4-HA because my years spent with this organization will always hold a special place in my heart. I have 10 grandchildren with another one on the way -- due in the middle of September. God has blessed me so much!



Royce James and partner at "Dancing With The Ques" Scholarship Benefit Competition



Ann Wildes, husband, and ten grandchildren last fall.



The ARK Encounter taken in July



Royce James enjoying retirement.

#### Royce James

I retired in 2009 after 30 years as a County Agent in Bibb County. In addition to continued service on the GAE4-HA Board as Life Member Chair and serving as a County 4-H volunteer, I consider myself an active "all-around" person who enjoys life to the fullest. While my activities are limit-less,

a few of my most enjoyable pass-times involves playing golf and basketball, a workout at the Health Club, motorcycle and horseback riding, dancing and taking short excursions. I'm a member of the men's ministry and male choir at church, occasionally substitute teaches and volunteer in the county school system, and, a devoted and active member in my fraternity's civic

and service programs. A more personal endeavor has been weekly classes to learn "Detroit Style Urban Ballroom Dancing" with the Middle Georgia Ballroom Dance Connection. Dancing engagements has included public events dance exhibitions, as well as, fundraising dance competitions for local charity organizations supporting Scholarship Foundations.

# Bright Ideas at Work



## Fundraising Edition

#### **BBQ Chicken Plates**

BBQ Chicken Plates are the Lanier County 4-H SAFE Modified Trap Team's biggest fundraiser! All of our team members are required to sell at least 10 tickets, but some of them sell more! Each ticket is \$7 and is good for a plate full of ¼ chicken, baked beans, cole slaw, bread, and a dessert! We host 2 of these fundraisers each year, one in December and one in March. Our volunteer coaches love to grill this BBQ chicken for the community and the community LOVES their BBQ chicken! These chicken plate fundraisers have done well for our shotgun team. At our most recent one, we sold 312 tickets and an additional 83 plates on the day of the sale.

Submitted by Megan Powell, Lanier County

#### 4-H Night at Zaxby's

4-H Night at Zaxby's is a super easy fundraiser! You simply sign up for a night (you can sign up in advance for one per quarter). I advertise it on social media and in the 4-H newsletters. I put a ticket in the newsletter that the 4-H'ers can clip out and take with them. The ticket seems to get them more excited! The families go to Zaxby's, order whatever they like, and Zaxby's gives us 10% of their proceeds between 5 pm and 8 pm. Zaxby's does not require someone to be there the whole time. We make \$500.00 to 900.00 each time! Submitted by Angie Daughtry, Candler County

#### Fruit Trees & Vidalia Onions

Morgan County 4-H offers a fruit tree fundraiser in the fall and a Vidalia onion fundraiser in the spring to cover the cost of project achievement and judging teams. Students are asked to help distribute order forms but are not responsible to take orders/money or deliver items to customers.

The customer returns the form to the Extension office with payment to pre order and they are responsible to pick their order up from the Extension office on the day of delivery. Both fundraisers serve as not only a source of income to support 4-H programs but also as a community educational outreach. Submitted by Janet Woodard, Morgan County

#### Cloverleaf Dance

Camden County 4-H offered a bi-annual Cloverleaf Dance as a fundraiser for the first time last year. The fall dance was offered during National 4-H week and we also had a spring dance. We charged a \$5 entrance fee and offered pizza, candy, drinks, and photos for sale. The fall dance raised over \$400 (net) with 14 teen leaders, 13 adult volunteers, and 81 members in attendance. An added benefit was that we required a 4-H enrollment card for entrance into the dance. This helped us to get many of our missing enrollment cards. In the spring, we raised \$300 (net) we had 10 teen leaders, 8 adult volunteers, and 35 members in attendance. We realized that we were competing with many school's Valentines Dances. These proceeds have allowed us to purchase a DJ speaker system and a polaroid camera for future events, in addition to funding incentives and rewards for the 4-H members.

Submitted by Amber Bishop, Camden County

#### **Country Meats**

We purchase cases of the meat sticks from Country Meats and allow our 4-H'ers to sell them to raise funds to help them pay for 4-H trips and camp. Each youth checks out 25 sticks and sells them for \$1. It's super simple and easy for them to make profits! Submitted by Kasey Bozeman, Liberty County



# More Bright Ideas

## Fundraising Edition

#### <u>Pecans</u>

Bibb and Rockdale County 4-H are teaming up together to do a 2018 Pecan Sale. Bibb County 4-H has been selling pecans for the past 3 years and the sale has been very successful. This fundraiser is easy! Pre-orders only, no cost up front, sell as much as you can and make a profit. Bibb County 4-H has made about \$700 - \$1000 each year doing this sale. Bibb County allows 4-H members to sell and use personal profit to help pay for camp and other state events. Any sales made by volunteers or staff go towards the general 4-H account. Rockdale County 4-H is using it to raise funds for general 4-H programming. Pearson Farms is located in Fort Valley, Georgia and was directly impacted by Hurricane Irma last year. They were uncertain about their crops this year, but they pulled through and are thrilled to help local 4-H clubs fundraise! Jennifer Matias from Pearson Farms in Fort Valley (478-827-0750) is happy to get your 4-H club involved in a similar fundraiser.

Submitted by Kari Mateling, Bibb County, and Brittany Teets, Rockdale County

#### McDonald's Pancake Supper

For Candler County's Project S.A.F.E. program, a McDonald's Pancake Supper has been a very successful fundraiser. They pre-sale tickets for an all-you-can-eat pancake supper (dine in only) for \$5.00. This allows the ticket holder unlimited pancakes, 1 sausage patty, and a small drink, milk, or coffee. We only have to pay for the tickets used. McDonald's allows you to sell tickets in advance or at the door. They request for at least one person to be there during the event. We make around 700.00 on this fundraiser.

Submitted by Angie Daughtry, Candler County

Have you reached out to your past alumni to engage them as donors and volunteers? A recent survey of volunteers and donors completed by Jenna Daniel and Keri Hobbs suggests that majority of young donors and volunteers are alumni from our programs. In fact, alumni are most likely to give in both ways (time and money). For more information: See their recent NAE4-HA Professional Development webinar: <a href="https://nae4ha.com/page/ProfDevWeb">https://nae4ha.com/page/ProfDevWeb</a>

https://nae4ha.com/page/ProfDevWeb Submitted by Keri Hobbs, State Staff, and Jenna Daniel, State Staff

#### **Candy Bars**

Youth raise funds for camps and conferences one candy bar at a time. After paying a deposit, youth may check out one box of candy bars. The Extension office tracks the number of cases sold per child on individual rosters and deducts their profit from the balance of the event cost. Since 2009, youth in Toombs County have raised over \$75,000 to offset camp and conference fees. Submitted by Cheryl Poppell, Toombs County

#### <u>"Opt Out" Fundraiser</u>

"Opt Out" fundraisers are gaining in popularity. If you go online and search, you can find plenty of examples and templates. An "opt out" fundraiser is where families can opt out of fundraising for a group and simply make a donation instead. Typically, the letter is humorous, encouraging families to donate funds instead of baking cookies or selling wrapping paper. Based on comments online, families are raving about these new ways to contribute funding to various groups. Submitted by Terri Fullerton, Newton County

# Professional Development

## Association of Science Teacher Education Conference

#### January 3-5, 2019 • Savannah, Georgia

The Association for Science Teacher Education (ASTE) promotes leadership and support for professionals involved in the education and development of teachers of science at all levels. More information about the 2018 International Conference is at: <a href="https://theaste.org/meetings/2019-international-conference/">https://theaste.org/meetings/2019-international-conference/</a>.





## Scholarship of Teaching & Learning Commons

#### January 24-25, 2019 • Savannah, Georgia

The Scholarship of Teaching & Learning (SoTL) Commons, coordinated by Georgia Southern University focuses on educator development with quality presentations and conversation about SoTL. Additional information is found here: https://academics.georgiasouthern.edu/sotlgsu/commons/.

# JCEP Extension Leadership Conference

#### February 6-7, 2019 • San Antonio, Texas

The leadership development conference allows for Extension professionals across program areas to network and grow through leadership development experiences. Request for proposals to present at this conference are due October 15, 2018. More information is found at https://www.jcep.org/elc.





## National Extension Conference on Volunteerism

#### May 14-16, 2019 • Billings, Montana

This conference is designed for all Cooperative Extension professionals who manage volunteers as a part of their programs. Request for proposals to present at this conference are due October 31, 2018. Information can be found at <a href="http://necv.msuextension.org/">http://necv.msuextension.org/</a>.

# Caring & Sharing

Often times, people cite the importance of their Extension family support during times of celebration and times of sorrow. We encourage our members to share about their personal lives – marriages, births, deaths, accomplishments – through our Caring & Sharing page.





← William "Will" Barrett Jones was born on March 13 2018, at 5:31 am, weighing 10 lbs 1.7 oz, & 21 ¼ inches long. His parents are Sonya Jones (Pulaski County 4-H Agent) and John Jones. Aubree Jones is his big sister.

Brittani Lee (Cobb County 4-H Agent) and Michael Lee were married on Saturday March 24, 2018, at Flint Hill in Norcross. They had been dating since 2012 and met through mutual friends when we were both members of their bridal party! Brittani states, "it was a special day marrying my best friend standing with our closest family and friends!"



↑ Boone Carter Staines was born on May 9, 2018, weighing 4 lbs. 4 oz. and 17.5 inches long. His parents are Lanie Staines (Southwest District 4-H Program Specialist) and Kane Staines.

Congratulations to the State 4-H Staff members who have proceeded to graduate school this fall: Natalie Bock,
Michael Rabalais, Tim Collings!





← Natalie Mae Hall as born on June 19, 2018, in Orlando, Florida. Natalie is Lynn Hall's (Lowndes County 4-H Agent) first grandchild and a very happy baby.

# Caring & Sharing



↑ Lisa Starling Pollock (Grady County 4-H Agent) married Kyle Pollock on March 3, 2018!



↑ Debra Cox (Mitchell County) has been working with UGA Cooperative Extension for nearly 28 years. As if July 1, 2018, Debra was promoted to a 4-H Extension Educator in Mitchell County.

The 2018-19 UGA Extension Academy for Professional Excellence had it's first meeting in Athens, Georgia in September 2018. Georgia 4-H professionals participating in this program include Kelle Ashley (Oconee County 4-H Agent), Stephanie Benton (Early County 4-H Agent), Pam Bloch (Gwinnett County 4-H Agent), Kasey Bozeman (Liberty County 4-H Agent), Paul Coote (Burton 4-H Center Director), Heather Shultz (4-H Specialist for Livestock Programs), and Trish West (Bryan County 4-H Agent).





Kelcie Barnes (Greene County 4-H Agent) got engaged to Newt Gilman on February 10, 2018 at ABAC in Tifton. They have been dating since February 2, 2013, and will be getting married on December 15, 2018.





# Getting to Know You

In each edition of the Peach Press, we plan to feature a collage of photos about a certain topic from our members. Our theme for this edition is family. The winter edition will feature pets. We encourage you to contribute!





↑ Melanie Biersmith (Associate State 4-H Leader) with her husband Andy and children Drew and Sam enjoying some time in Colorado!



← Rebekah Thomas (Chattooga County 4-H Agent) with her family, including daughter-in-law, Abbie Salmon (Floyd County 4-H Agent.)



← Rebekah Greene (Tattnall County 4-H Agent) with her husband Ross and their daughter Sara.

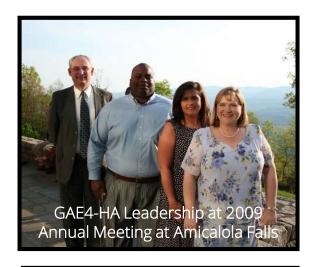


- ↑ Susannah Lanier (Bulloch County 4-H Agent) with her husband Luke, Charlie (3 years old), and Emmett (7 months).
- ← Brian (Mitchell County ANR Agent) and Lindsey (Decatur County 4-H Agent) Hayes with their children.



Kasey Bozeman (Liberty County 4-H Agent) with her sister Aimee in Yellowstone National Park.

# Throwback Photos













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Special thanks to all contributing authors and the 2018-19 GAE4-HA Media Committee for their contributions to this newsletter.

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