

# Dinah D. Rowe

GAE4-HA Nominee for the Office of Vice President Heard County Extension Coordinator and 4-H Agent



## Personal Statement:

Being a 4-H agent is not a job, it's a calling. It comes from the heart. We give of ourselves every day to help children spread their wings so they can fly in the real world. I believe strongly that what we do as 4-H agents' shapes kid's lives. In our job we wear many hats...sometimes we are coaches, cheerleaders, mamas/daddys, confidents, teachers, and the list goes on and on. As Ann Landers states "It's not what we do for children, but rather it's what we teach them to do for themselves that makes them successful human beings"

Being an active member of GAE4-HA provides us many opportunities to grow our skills as professionals working together teaching each other. I am passionate about what we do as 4-H professionals and I believe this is paramount for someone seeking a leadership position. As youth professionals we are great about helping kids and I feel the more we help each other the stronger we become collectively as an association. Being involved in GAE4-HA has helped me to grow as a person and as an Extension professional. Over the years, I have developed strong organizational skills and that coupled with my passion for helping others in this organization will enable me serve our association well as vice president.

"Tell me and I forget, Teach me and I remember, Involve me and I learn." - Benjamin Franklin.

## **Educational Background:**

1985 BA in Business Administration, Birmingham-Southern College

## **Professional Extension Experience:**

2009- Present	UGA Extension, Count	y Extension Coordinator

2007- Present UGA Extension – Heard County 4-H & Youth Development Agent

2005 - 2007 Secretary – UGA Extension, Heard County

## Awards:

2017	NAE4-HA Denise Miller National 4-H Innovator Award, State Winner
2017	NAE4-HA Distinguished Service Award: National and State Winner
2016	Tanner Health Systems, Annual Volunteer Award Finalist – Regional Winner
2016	GAE4-HA Periodical Publication, State Winner
2015	GAE4-HA Professional Achievement Award, State Winner
2015	NAE4-HA Educational Package – Individual: State Winner
2013	NAE4-HA Educational Package - Team, Sate Winner
2012	NAE4-HA Innovative Work in School Relations, State Winner

### Association Membership, Committees and Involvement:

Epsilon Sigma Phi: Member (2010 – current)
National Association of Extension 4-H Agents:

Member (2007 - current)

2016 NAE4-HA Healthy Living Committee, New Orleans

• Attended two committee meetings

Attended one conference call

2015 NAE4-HA Healthy Living Committee, Portland Oregon

- Attended two National Healthy Living Committee conference calls, one in which my partnership with Tanner Health Systems was highlighted and I was asked to discuss the success of this Program.
- Attended two National Healthy Living Task Force Committee meetings in which parameters were set for new national healthy living award, also there was discussion on Healthy living phone apps.

2014 NAE4-HA Healthy Living Committee, Minneapolis, Minnesota

 Attended National Healthy Living Task force committee meeting and discussed the first award recipients and creating a master list of all the healthy living programs that are going on in each state,

2009	NAE4-HA Camping and Environmental Education Committee NAE4-HA Communication and Expressive Arts Committee Member
	<ul> <li>Attended three conference calls</li> </ul>
2007	NAE4-HA Conference Volunteer
	<ul> <li>Assisted with opening event</li> </ul>

Greeter at Hartsfield Jackson Airport

Georgia Association of Extension 4-H Agents: Member (2007 – current)

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2015 – 2016	GAE4-HA Media Committee Chair- responsible for soliciting and	
	editing articles, layout and distribution of state 4-H newsletter "The	
	Peach Press", Attended five GAE4-HA Board of Directors meetings.	
	This publication received the GAE4-HA State Periodical Publication	
	Award under my leadership.	
2014 – current	GAE4-HA Media Committee member - submitted various articles to	
	Peach Press	
2012 – 2013	GAE4-HA Research and Evaluation Committee, assisted with auction	
	items for silent auction at state meeting	
2008 - 2011	GAE4-HA Member Recognition	

# **Professional Development Meetings:**

## National Professional Development Conferences Attended

- 2016 NAE4-HA Conference, New Orleans, Louisiana
- 2015 NAE4-HA Conference, Portland Oregon
- 2014 NAE4-HA Conference, Minneapolis, Minnesota
- 2009 NAE4-HA Conference, Rochester, New York
- 2007 NAE4-HA Conference, Atlanta, Georgia

# <u>Professional and University Service & Invited Presentations</u>

2017	Fundraising presentation, "Breakfast With Santa",, power point, GAE4-HA state meeting
2016	Selected to be <u>Adult leader for National Healthy Living Summit</u> , Washington, D.C. – Responsible for Healthy Living team of six Georgia 4-H'ers, worked with team in developing state presentation, attended workshops and served as chaperone getting 4-H'ers to and from airport.
2016	National <u>Healthy Living Peer Review</u> – revised and edited Cooking 101-401 series, which is a national curriculum through National 4-H Council.
2015	Cooking Matters- cooking class & power point presentation, GAE4-HA State meeting.
2015	Saturday at the Rock – Invited to teach a Cooking Matters class to the local population utilizing fruits and vegetables from the Rock Eagle
2014	<u>Authored Health Rocks lesson plan</u> "Don't Croak from Smoke" to National Health Rocks Education Committee that was published in After School Curriculum.
2013	"Government and Public Administration" partially authored and team presentation for College and Career Readiness Performance Index Roll-Out, State Curriculum Day, Rock Eagle 4-H Center
2012 - 2017	Selected to serve <b>on State Health Rocks Team as Adult Leader</b> to teach at Health Rocks State Ambassadors Training
2012	Attended national training in Washington D. C. as member of State Health Rocks Team, attended Health Rocks workshops to share with Georgia 4-H.
2012 - 2014	"It's Risky Business," "Take A Deep Breath," and "Is It worth the Risk?" Health Rocks presentation, GAE4-HA State Meeting.

#### Life Quote:

<sup>&</sup>quot;You must do the things you think you cannot do" – Eleanor Roosevelt