

ICE CUBE PAINTING

TYPE OF ACTIVITY: Art

KEY CONCEPT: Drink water

OBJECTIVES:

- > Children will identify ice as frozen water.
- > Children will use their imagination to make art using ice cubes.

MATERIALS:

- > Ice cube trays
- > Food coloring or tempera paint
- > Paper
- > Water
- > Craft sticks (optional)

PROCEDURE:

- 1. Set-up: A day before the activity, place water in ice
- cube trays. Mix different colors of food coloring or paint into the water. Place trays in the freezer. If desired, place craft sticks in the water as it begins to freeze to make handles for the children to hold.
- 2. Review the concept of freezing with the children. Let them know that they are going to paint with different colored ice cubes. Suggested phrases:
 - a. Does anyone know what ice is made of? That's right, ice is made of frozen water.
 - b. Water helps keep our bodies healty.
 - c. Today we are going to paint with colored ice cubes.
 - d. What do you think will happen when you paint with ice?
- 3. Invite the children to pick up the ice cubes and paint on the paper. Encourage them to describe their experiences as they paint. Suggested phrases:
 - a. What does the ice feel like when you paint?
 - b. What happens when you mix the colors?
 - c. How is the ice changing as you paint?

ADAPTATIONS/EXTENSIONS:

Sensory activity: Place ice in a sensory table or a large container so children can explore the ice and observe it melting.

Science: Have the children prepare and freeze the ice cubes for painting. Talk about how the water will change in the freezer.

Day 11: Drink Water

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Developed by Diane W. Bales, Ph.D., Mick Coleman, Ph.D., and Charlotte Wallinga, Ph.D. The University of Georgia and Ft. Valley State University, the U.S. Department of Agriculture and counties of the state cooperating. Cooperative Extension offers educational programs, assistance and materials to all people without regard to race, color, national origin, age, gender or disability. The University of Georgia is committed to principles of equal opportunity and affirmative action. These materials available at http://eathealthybeactive.net/







