

FOOD GROUPS BINGO

TYPE OF ACTIVITY: Math

KEY CONCEPT: Eat a variety of foods

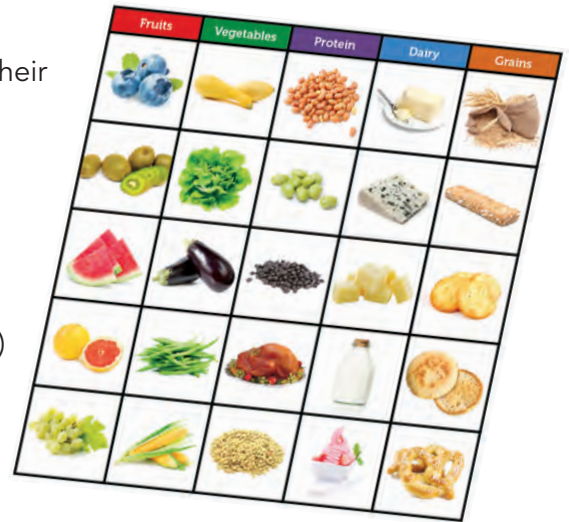


OBJECTIVES:

- Children will identify the foods on their bingo cards.
- Children will practice listening and matching skills by listening to food names called and marking them on their cards.

MATERIALS:

- Bingo cards (see templates)
- Tokens to mark bingo cards
- Small pictures of foods on bingo cards (see templates)




























PROCEDURE:

1. Set-up: Cut apart small food pictures and place them in a bag or bowl. Copy enough bingo cards for all children in the group. Laminate bingo cards if desired.
2. Explain to children that they are going to play bingo with pictures of foods from all five food groups. Distribute bingo cards and tokens to children. Point out the different food groups on the cards. Suggested phrases:
 - a. *This game is called Bingo.*
 - b. *Each of your cards is a little bit different. You may have some foods on your card that your neighbor does not have, and they may have some that you don't have.*
 - c. *Each time you hear me call a food on your card, mark it with a token. Your goal is to get five in a row, either up and down or across, or even diagonally. When you get five in a row, call out "Bingo!"*
3. Play bingo with the children. Draw a card, name the food and its food group, and encourage children who have that food on their card to mark it with a token. Continue until a child gets five in a row.
4. Continue playing bingo as long as the children are interested.

ADAPTATIONS/EXTENSIONS:

Family involvement: Allow the children to take home bingo cards for each member of their families and a bag of paper pieces to use as tokens. Encourage families to play bingo together as a review of foods and food groups.


























FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				

























Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				


























FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				







Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net


























FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				














FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				


























FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				


























FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				

FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				
















FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				

Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOOD GROUPS BINGO CARD

Fruits	Vegetables	Protein	Dairy	Grains
				
				
				
				
				

THESE ARE THE FOODS PICTURED ON THE BINGO CARDS. CUT APART THESE FOODS AND PLACE THEM IN A BAG OR BOWL.



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

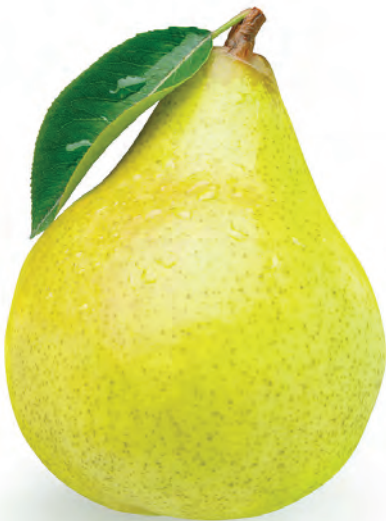
FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

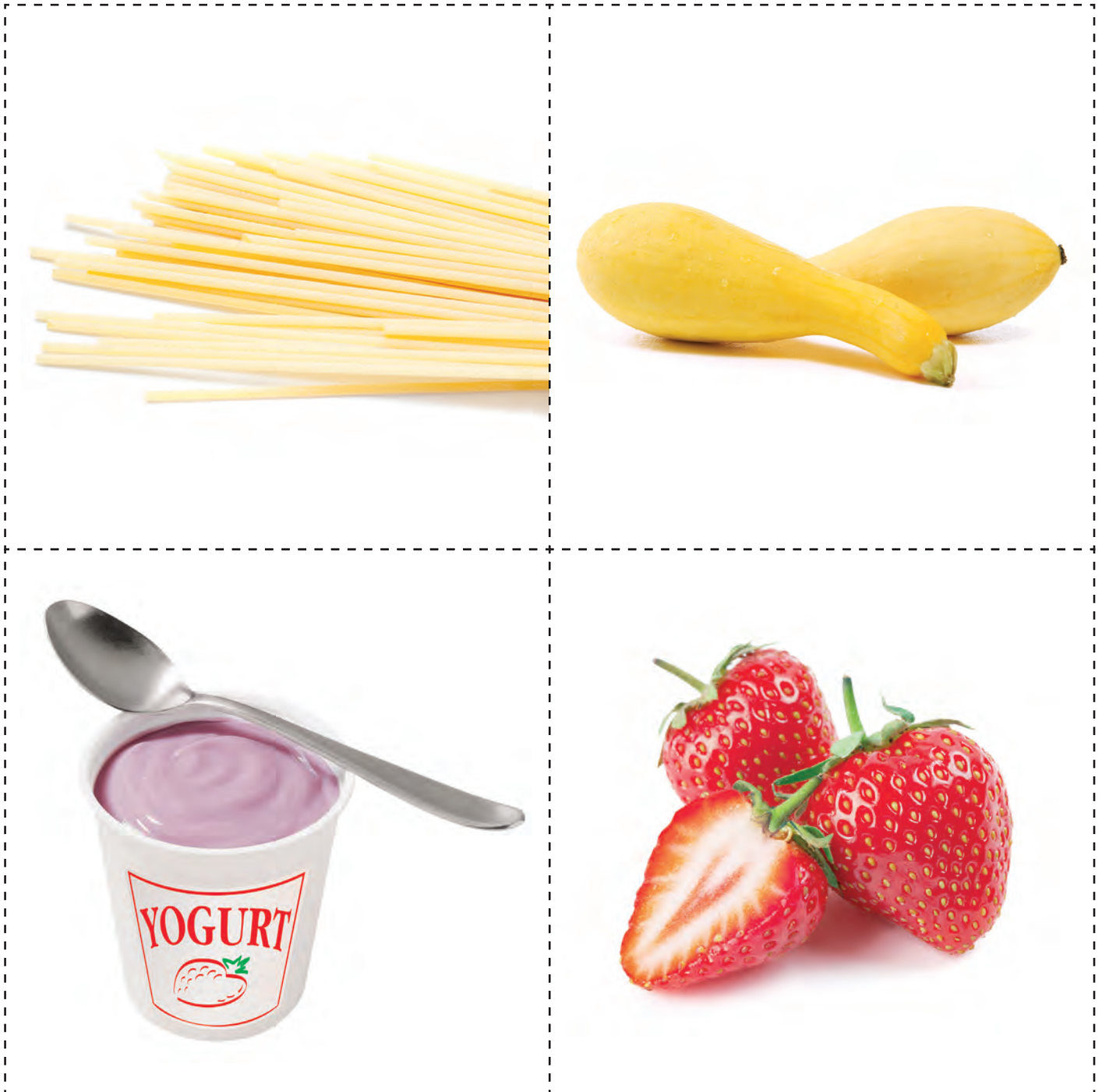
FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

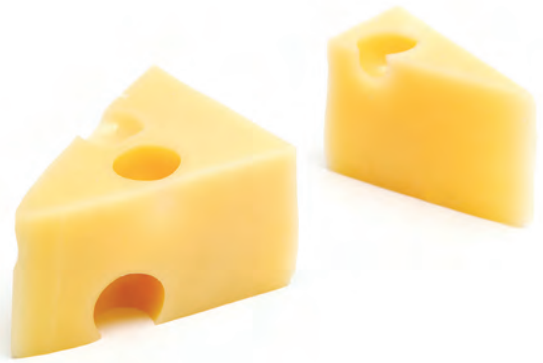
FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

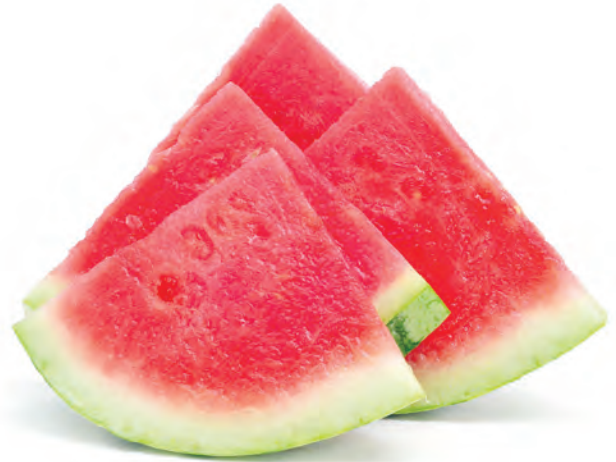
FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net

FOODS PICTURED ON BINGO CARDS



Day 14: Review – Healthy Eating

For more activities, visit eathealthybeactive.net